

YOUR 2027 OPEN ENROLLMENT GUIDE

Ventura County's Top Primary Care

Meet the providers your family deserves.

Your guide to Ventura County's leading providers.

(805) 840-2524

Welcome — We'd Be Honored to Care for You

Choosing a healthcare provider is one of the most personal decisions you'll ever make. It's about finding a trusted partner who listens, understands your goals, and supports your health and well-being through every stage of life.

Rincon Health Network has connected Ventura County families with exceptional, independent physicians who believe healthcare should be **unhurried, personalized, and rooted in the community**. Through our network, you'll have access to trusted providers from **Primary Medical Group, Spanish Hills Medical Group, and Ojai Valley Family Medicine Group**, along with a comprehensive network of specialists dedicated to providing high-quality care close to home.

Our providers embrace a **holistic, patient-centered approach** that focuses on prevention, healthy lifestyles, wellness, and the treatment of illness when needed. We believe in **total-person care**, recognizing that optimal health involves physical, emotional, and social well-being. By building meaningful relationships with our patients and families, we strive to help each individual achieve **better health, greater independence, and the highest possible quality of life**.

Inside this guide, you'll learn more about the provider groups that make up Rincon Health Network and the services available to support you and your family's healthcare needs. We look forward to partnering with you on your journey toward better health and wellness.

We're honored to care for you and committed to helping you achieve optimal health, wellness, and a higher quality of life.

Eric Madrid, MD

President, Rincon Health Network

Board Certified, American Board of Family Medicine

Diplomate, American Board of Obesity Medicine



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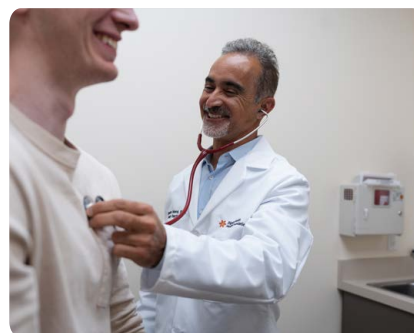
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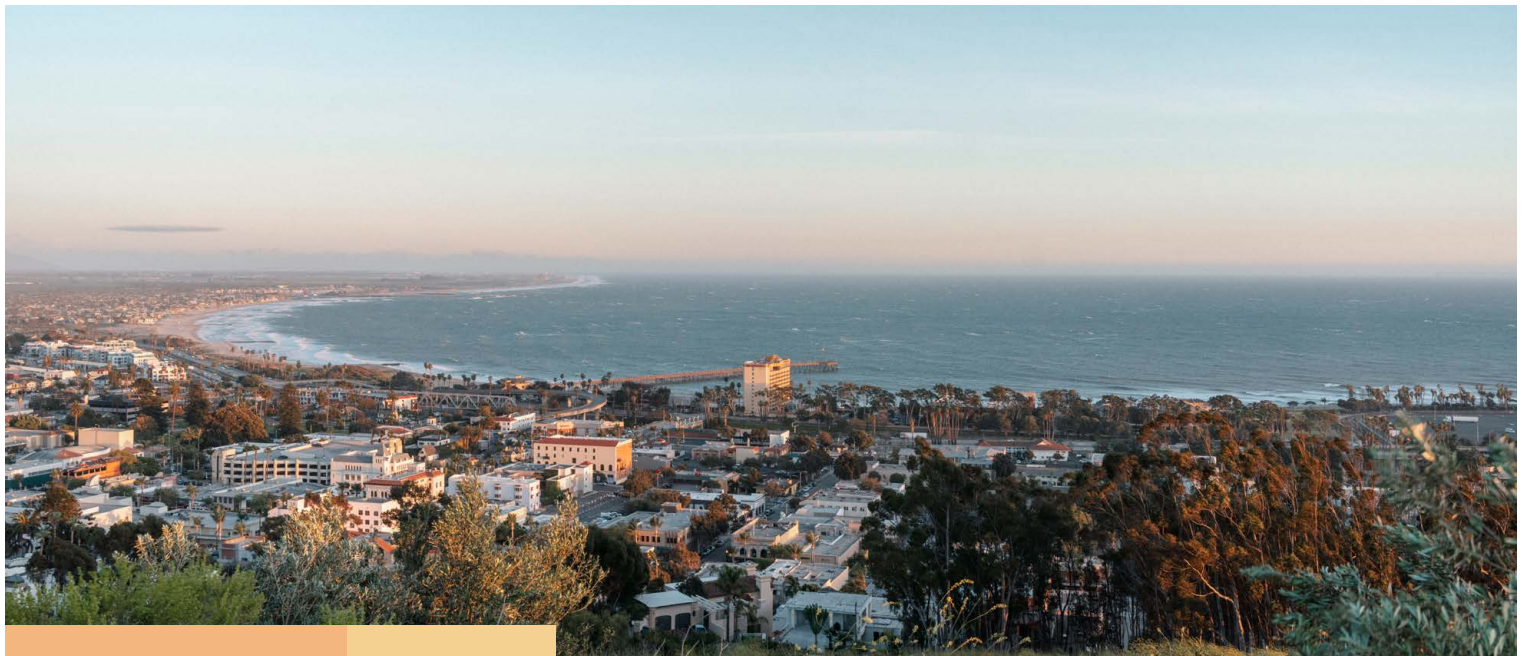
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WELCOME

About Rincon Health Network

Rincon Health Network is an independent physician association proudly serving Ventura County and the surrounding communities. We bring together some of the region's most respected primary care providers and specialists under one trusted network — so patients get the best of both worlds: the personal attention of an independent local practice, and the coordinated, high quality care of a connected network.

**“Independent providers.
Connected care. One
community.”**

This guide introduces you to three of our flagship primary care groups and the specialists who support them.

WHAT MAKES RINCON DIFFERENT

Local and independent. Provider-led and rooted in Ventura County, Rincon Health Network empowers local providers to deliver personalized care close to home.

Making care more connected. Rincon Health Network coordinates referrals, specialists, and resources so your care flows smoothly.

Primary care that puts you first. Building healthier communities through trusted local care.

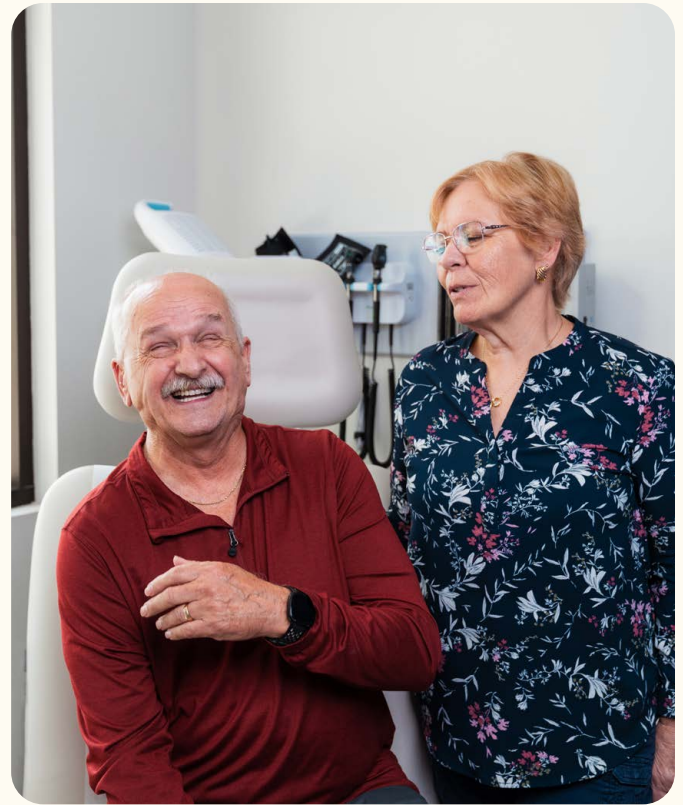
Community-first. From Ventura to Oxnard to the Ojai Valley, we're invested in keeping our neighbors healthy.



Insurance Plans We Accept

QUALITY CARE STARTS WITH CHOOSING THE RIGHT PROVIDER.

Rincon Health Network partners with a variety of health plans to help connect you with trusted, independent providers and specialists throughout Ventura County.



MEDICARE ADVANTAGE



COMMERCIAL



Have questions about your coverage?

Call the number on the back of your insurance card to confirm your specific benefits and provider participation.

Find a Doctor Who's Right for You

Rincon Health Network connects you with local primary care providers and specialists who are committed to personalized, coordinated care.

Visit

RinconHN.com
to find a provider near you.

Plan participation may vary by physician, location, and specific insurance plan. Please verify coverage with your health plan before scheduling an appointment.

THE SPECIALISTS BEHIND OUR CARE

A network of trusted experts

When your primary care provider needs to bring in an expert, Rincon Health Network connects you with a trusted network of specialty groups across Ventura County.



Cardiology

Heart and cardiovascular health.



Nephrology

Kidney health.



Dermatology

Skin, hair, and nail care.



Neurology

Brain, nerve, and muscle health.



Endocrinology

Hormone, thyroid, and metabolic health.



Obstetrics & Gynecology

Women's health across every life stage.



Gastroenterology

Digestive health.



Ophthalmology

Medical and surgical eye care.

Please visit our website to view all specialists currently available.

RINCONHN.COM

Specialist referrals are coordinated through your primary care provider.



Orthopedics

Bone, joint, and muscle care.



Psychiatry

Mental and behavioral health.



Otolaryngology (ENT)

Ear, nose, throat, and sinus care.



Pulmonary Diseases

Lung and respiratory health.



Physical Therapy

Movement, strength, and mobility.



Rheumatology

Arthritis and autoimmune care.



Podiatry

Foot and ankle care.



Urology

Urinary and men's health.

Please visit our website to view all specialists currently available.

RINCONHN.COM



PREVENTIVE CARE

Preventive Care Through Every Stage of Life

Preventive care helps you stay healthy by identifying risks early, preventing disease, and supporting overall well-being. Regular checkups, screenings, immunizations, and healthy habits can help catch problems before they become serious.

Children

BIRTH TO 12 YEARS

Healthy habits start early. Well-child visits allow your pediatrician to monitor growth and development, provide recommended vaccinations, and identify potential concerns before they affect your child's health or learning.

RECOMMENDED PREVENTIVE CARE

- Regular well-child visits
- Routine childhood immunizations
- Age-appropriate vision and hearing screenings
- Developmental and behavioral screenings, as recommended
- Dental exams and oral health education
- Nutrition and physical activity counseling

Adolescents & Teens

13 TO 17 YEARS

The teenage years are an important time to establish healthy behaviors and address physical, emotional, and mental health needs.

RECOMMENDED PREVENTIVE CARE

- Routine preventive visits
- Recommended adolescent vaccines
- Vision and hearing screenings
- Mental health and depression screening beginning at age 12, as recommended
- Sports participation and injury-prevention counseling, as appropriate
- Healthy lifestyle counseling

Young Adults

18 TO 39 YEARS

Many chronic conditions begin developing silently during early adulthood. Routine preventive care can help identify risks before symptoms appear.

RECOMMENDED PREVENTIVE CARE

- Annual preventive exams or routine preventive visits
- Blood pressure screening
- Cholesterol screening, as recommended
- Diabetes screening based on age and risk factors
- Vaccinations and boosters
- Mental health screening
- Reproductive and preventive women's health services

BENEFITS:

- Supports overall health and well-being
- Identifies health concerns and risks early
- Builds healthy habits for lifelong wellness

Why your primary care provider is the most important choice you'll make



It's easy to think of a provider as someone you see only when something's wrong. But the right primary care provider (PCP) is one of the most powerful tools you have for living a longer, healthier life — and most people underestimate how much of a difference it makes.

A relationship, not a transaction. A good PCP gets to know you over time — your history, your family's patterns, your goals. That context lets them spot small changes before they become big problems.

Your guide to the whole system. Your PCP coordinates your specialists, keeps your medications working together safely, and makes sure nothing falls through the cracks. At Rincon Health Network, that coordination is built right into the network.

Prevention that pays off. People with a regular PCP catch diseases earlier, manage chronic conditions better, and live longer. The annual visit you almost skipped might be the one that changes everything.

The bottom line: choosing a primary care provider isn't a small administrative step. It's choosing the person who will help you stay well for years to come.

BY THE NUMBERS

People with a consistent PCP have **better health outcomes** and **lower overall costs**.

Most chronic conditions are **more manageable when caught early**.

A strong primary care relationship means **fewer ER visits** and **fewer hospital stays**.



PRIMARY MEDICAL

Trusted, whole-family primary care across Ventura County since 1994

For families across Ventura County, Primary Medical Group (PMG) has become a trusted name in comprehensive, personal primary care. PMG's providers treat patients across every stage of life — from pediatric checkups to adult and senior care — with the kind of attentive, relationship-driven medicine that's become harder to find.

As a Rincon Health Network partner, PMG combines the warmth of a local practice with the strength of a connected network. Patients get a provider who knows them by name and seamless access to specialists, imaging, labs, and coordinated care when they need it.

KNOWN FOR

- Whole-family primary care under one roof
- Personal service even as the practice has grown
- Convenient locations across Ventura County
- Prevention, wellness, and personalized care

APPOINTMENT LINE
(805) 702-8337

primarymedical.net

LANGUAGES

English
Spanish
Arabic

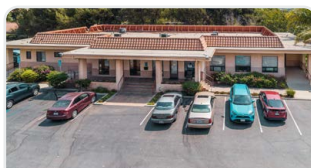
Our clinics — care close to home

Primary Medical Group welcomes patients across seven convenient locations throughout the County — so quality primary care is always close to home.



Garden Street

26 S. Garden St. #1
Ventura, CA 93001
(805) 507-2225



East Telegraph

10885 Telegraph Rd
Ventura, CA 93004
(805) 647-7704



Johnson

2772 Johnson Dr. #200
Ventura, CA 93003
(805) 642-1430



Oxnard

1751 Lombard #A
Oxnard, CA 93030
(805) 981-9111



Loma Vista

3555 Loma Vista Rd #110
Ventura, CA 93003
(805) 652-5252



Santa Paula

570 W. Main Street
Santa Paula, CA 93060
(805) 507-2242



Camarillo

888 W. Ventura Blvd., Suite A,
Camarillo, CA 93010
(805) 383-7701

What to expect as a new patient

1 Welcome & enrollment

Our team confirms your insurance and gets you set up – call us or visit our site to start.

2 Your first visit

A relaxed, unhurried appointment. Your provider reviews your history, medications, and goals.

3 A real plan

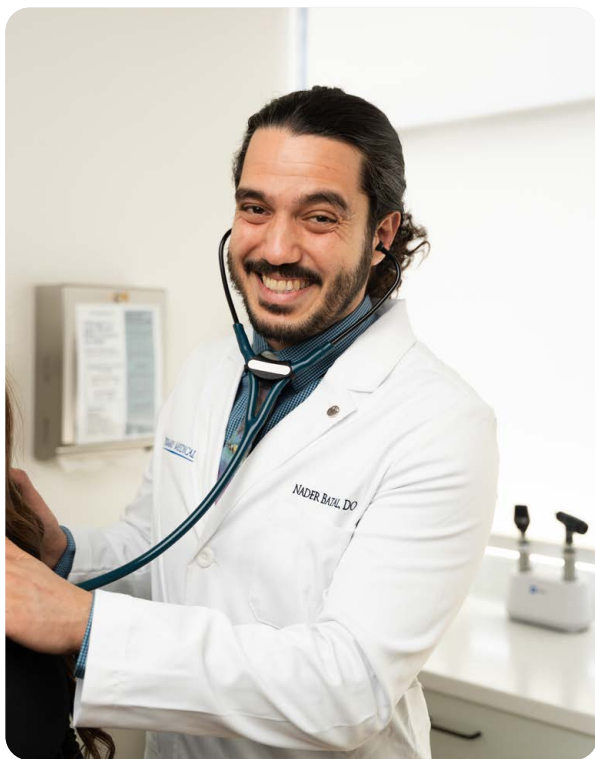
You'll leave with a clear understanding of your health and a plan that fits your life.

4 Ongoing care

Specialists, labs, and screenings are coordinated through Rincon Health Network.

Ready to make PMG your medical home?

Call 805.702.8337 • primarymedical.net



Dr. Nader Batal, DO

Family Medicine · Garden Street, Ventura

- **Education:** BS, Neuroscience & Physiology, UC San Diego
- DO, Western University of Health Sciences
- **Residency:** Dignity Health, Santa Maria (osteopathic recognition)
- **Languages:** English, Arabic, Spanish

“I work with each patient to understand their lifestyle, goals, and challenges — care that goes beyond treating illness.”

— Dr. Batal

Dr. Nader Batal is a family medicine physician at Primary Medical Group’s Garden Street office, providing comprehensive, patient-focused care with an emphasis on long-term wellness. Trained as an osteopathic physician, he served as a pre-doctoral teaching fellow and continues to use hands-on osteopathic treatments in his practice.

His path into medicine was shaped by working alongside his father, a physician and trusted figure in his community. His philosophy centers on prevention, overall well-being, and personalized care plans — with a strong interest in weight management, mental health, sleep, and sustainable lifestyle change.

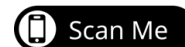
Outside of work, Dr. Batal cooks Lebanese recipes passed down through his family and enjoys biking, hiking, boxing, and time outdoors — believing regular activity and time in nature are essential to health.



IN-PERSON, VIDEO & PHONE VISITS · ACCEPTING NEW PATIENTS

Appointments: (805) 507-2225

26 S. Garden St. #1, Ventura, CA 93001





"I approach each patient with dignity and respect, and I'm grateful for the lessons I've learned from the diverse populations I've served."

— Dr. Fatemi

Dr. Shahram Fatemi is a board-certified family medicine physician with more than 23 years of experience serving the Ventura County community. Throughout his career in Oxnard and Camarillo, he has cared for a wide range of patients — veterans, seniors, children, and adults.

He is deeply committed to building strong, lasting relationships and providing personalized, compassionate care. Dedicated to staying current on the latest medical guidelines, he ensures his patients have the knowledge and support to make informed decisions about their health.



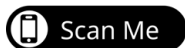
Dr. Shahram Fatemi, MD

Family Medicine · Oxnard

- **Board-certified**, Family Medicine · 23+ yrs
- **Education:** BS, UCLA · MD, Ross University School of Medicine
- **Residency:** Medical College of Wisconsin

IN-PERSON, VIDEO & PHONE VISITS
ACCEPTING NEW PATIENTS

Appointments: (805) 981-9111
1751 Lombard #A, Oxnard, CA 93030





“I firmly believe in the power of preventive care and the importance of maintaining a healthy lifestyle — values I practice and encourage in my work.”

— Dr. Lami

Dr. Christian Lami is an internal medicine physician at Primary Medical Group’s Santa Paula office. After earning his medical degree from Ross University and training in New York — where he also worked as a hospitalist — he returned to Southern California, focusing on outpatient care and building long-term relationships with his patients.

Outside the clinic, he’s a proud father of identical twin boys and stays active through fitness, outdoor activities, and exploring trails with his family.

Dr. Christian Lami, MD

Internal Medicine · Santa Paula

- **Internal Medicine**, 6+ yrs experience
- **Education:** MD, Ross University School of Medicine
- Trained in New York; former hospitalist
- **Languages:** English, Spanish



IN-PERSON, VIDEO & PHONE VISITS · ACCEPTING NEW PATIENTS

Appointments: (805) 507-2242

570 W. Main Street, Santa Paula, CA 93060





“I’m passionate about making complex medical issues understandable and providing whole-person care.”

— Dr. Simpson

A native of Ojai, Dr. Kavitha Simpson brings extensive experience from Southern California, Washington State, and internationally — including three years at Soddo Christian Hospital in Ethiopia and volunteer work with Mercy Ships in West Africa.

Outside of work, she enjoys outdoor adventures, traveling, and spending time with her husband and three boys.



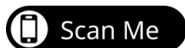
Dr. Kavitha Simpson, MD

Family Medicine · Oxnard

- **Focus:** Primary care, pediatrics & women’s health
- **Education:** BS Biology, UCSB · MPH, Loma Linda University
- MD, Western University
- **Residency:** Ventura County Medical Center

IN-PERSON, VIDEO & PHONE VISITS
ACCEPTING NEW PATIENTS

Appointments: (805) 981-9111
1751 Lombard #A, Oxnard, CA 93030





“I value the opportunity to care for patients and their families over the course of their lives, spanning generations.”

— Dr. Lukens

Born and raised in Annapolis, Maryland, Dr. Abby Lukens developed an early passion for movement and the human body, studying exercise physiology before researching childhood obesity at Children’s Hospital Boston. She earned her osteopathic medical degree and MPH at Touro University California, then came to Ventura for her Family Medicine residency.

She believes in open, honest conversations and a strong patient-physician relationship. Outside the office she’s an avid runner, and spends her time with her son exploring Ventura’s beaches and hiking trails.

Dr. Abby Lukens, DO

Family Medicine · Garden Street, Ventura

- **Education:** BS Exercise Physiology, Skidmore College
- DO & MPH, Touro University California
- **Residency:** Community Memorial Health System, Ventura



IN-PERSON, VIDEO & PHONE VISITS · ACCEPTING NEW PATIENTS

Appointments: (805) 507-2225

26 S. Garden St. #1, Ventura, CA 93001



Take Charge of Your Chronic Care

Living with a chronic condition—such as diabetes, high blood pressure, heart disease, asthma, COPD, arthritis, high cholesterol, kidney disease, or depression/anxiety—can be easier with the right support. Your Primary Care Provider (PCP) can help you monitor your health, manage medications, and prevent complications.



Staying engaged in your care can help you:

- Keep conditions better controlled with regular follow-up.
- Reduce avoidable complications, ER visits, or hospital stays.
- Stay on track with medications, screenings, and healthy habits.

Partner with your doctor by:

- Attending regular checkups and follow-up visits.
- Completing recommended labs and screenings.
- Sharing symptoms, changes, or questions early.

Small steps can make a big difference. Staying connected with your healthcare team can help you feel more confident, informed, and in control of your health.



Providers who truly know their patients

Spanish Hills Medical Group has built its reputation on something simple but increasingly rare: providers who truly know their patients. This respected practice offers personalized primary care in a welcoming setting, where patients are treated like family and never rushed out the door.

As part of Rincon Health Network, Spanish Hills Medical Group pairs that personal touch with the resources of a full care network — coordinated specialists, labs, and screenings, all working together behind the scenes.

KNOWN FOR

- Personalized, relationship-based primary care
- A welcoming, community-minded practice
- Strong focus on prevention and wellness

APPOINTMENT LINE
(805) 981-8300

spanishhillsmedical.com

LANGUAGES
English
Spanish



"I focus on building strong, lasting relationships and empowering patients through education and preventive care."

— Dr. Ferreira

Dr. Orlanda Ferreira is an internal medicine physician at Spanish Hills Medical Group, caring for patients aged 18 and older. Born and raised in the Dominican Republic, she completed medical school there before moving to New York for her residency at Flushing Hospital Medical Center, then spent the last five years practicing outpatient internal medicine in California.

Outside the clinic she stays active with her twin boys — hiking, traveling, and finding new adventures — and enjoys cooking and concerts, striving to model the healthy lifestyle she encourages in her patients.

Dr. Orlanda Ferreira, MD

Internal Medicine · Spanish Hills

- **Focus:** Internal medicine, patients 18+
- **Medical school:** Pontificia Universidad Católica Madre y Maestra
- **Residency:** Flushing Hospital Medical Center, NY
- **Languages:** English, Spanish



IN-PERSON, VIDEO & PHONE VISITS · ACCEPTING NEW PATIENTS

Appointments: (805) 981-8300

1901 Outlet Center Dr, Suite 200, Oxnard, CA 93036

"I'm a firm believer in disease prevention through good nutrition, exercise, and patient education — all important factors to better your health."

— Dr. Pleitez

Dr. Jose Pleitez is a board-certified family physician who earned his medical degree in 1991 from Escuela Autónoma de Ciencias Médicas de Centro América in San José, Costa Rica, and completed postgraduate training at the Hudson Valley Family Practice Program affiliated with Mount Sinai School of Medicine.

A member of the California Medical Association and the American Academy of Family Physicians, he is affiliated with St. John's Regional Medical Center and St. John's Pleasant Valley Hospital, where he served as chairman of the Department of Family Medicine.

A sports aficionado, Dr. Pleitez plays soccer locally and is a member of the U.S. Medical Soccer Team (USMST). He also enjoys playing piano, cheering on the Lakers, and spending time with his wife and son.



Dr. Jose Pleitez, MD

Family Medicine · Spanish Hills

- **Board-certified,** Family Medicine · 18 yrs
- **Education:** MD, Escuela Autónoma de Ciencias Médicas, Costa Rica
- **Postgrad:** Hudson Valley / Mount Sinai School of Medicine
- Member, CMA & AAFP
- **Languages:** English, Spanish

TELEHEALTH & IN-PERSON

ACCEPTING NEW PATIENTS

Appointments: (805) 981-8300

1901 Outlet Center Dr, Suite 200, Oxnard, CA 93036





PREVENTIVE CARE

Preventive Care for Adults and Older Adults

Adults

40 TO 64 YEARS

Preventive care becomes increasingly important as the risk for chronic conditions such as diabetes, heart disease, and certain cancers rises with age.

RECOMMENDED PREVENTIVE CARE

- Annual preventive exams or routine preventive visits
- Blood pressure, cholesterol, and diabetes screenings based on age and risk factors
- Colorectal cancer screening beginning at age 45 through age 75
- Breast cancer screening, including biennial mammography for average-risk women ages 40 to 74
- Cervical cancer screening generally from ages 21 to 65, as recommended
- Individualized prostate cancer screening discussions for men ages 55 to 69
- Weight management and tobacco cessation counseling

Older Adults

65+

Preventive care can help older adults maintain independence, mobility, and quality of life while managing age-related health risks.

RECOMMENDED PREVENTIVE CARE

- Annual wellness visits
- Fall-risk assessment and fall-prevention interventions for older adults at increased risk of falling
- Bone health and osteoporosis screening, including screening for women age 65 and older and younger postmenopausal women at increased risk
- Colon, breast, and other age-appropriate cancer screenings
- Vaccinations, including flu, shingles, pneumonia, and COVID-19, as recommended
- Vision and hearing evaluations, when appropriate
- Medication reviews

BENEFITS:

- Detects health concerns and chronic conditions early
- Supports healthy aging and independence
- Helps maintain an active, healthy lifestyle

Why Preventive Care Matters

- Detects health concerns before symptoms appear
- Helps prevent serious illness and complications
- Supports healthier, longer lives
- May help reduce the risk of preventable complications and avoidable hospital visits
- Allows members to take an active role in their health care journey

Talk to your Primary Care Provider about the preventive screenings, immunizations, and wellness services that are right for your age, health history, and individual needs.



OJAI VALLEY

Family Medicine Group

The provider who knows your name — in the heart of Ojai since 1979

In the heart of Ojai since 1979, Ojai Valley Family Medicine Group has cared for local families for generations — from first check-ups to senior care, with the same providers who know your history. It's personal primary care the way it should be: a small practice on purpose, so the same faces look after you year after year.

As a Rincon Health Network partner, the group offers full-family care — yearly physicals, chronic care, pediatrics, women's health, and senior care — backed by a coordinated network. With the addition of Dr. Evans, the practice is welcoming new patients.

KNOWN FOR

- Personal, community-rooted primary care
- A calm, welcoming patient experience
- Strong preventive and wellness focus
- Now welcoming new patients with Dr. Evans

APPOINTMENT LINE
(805) 646-7246

ojaifamilymedicine.com

LANGUAGES

English
Spanish

Welcome, Dr. Evans

Ojai Valley's newest primary care provider

Ojai Valley Family Medicine Group is proud to welcome **Dr. Stephen Evans, MD** — an experienced internist — to the practice and to the community. Dr. Evans earned his biomedical engineering degree at Tulane, completed medical school at Vanderbilt, and trained in both internal medicine and pediatrics, building a strong foundation in comprehensive adult care.

He began his career practicing full-spectrum primary care in Montana — caring for patients across all stages of life — then moved into hospital medicine in Virginia, serving in leadership roles including Chief Hospitalist and Chief of Staff. Now returning to his roots in primary care, he's passionate about building meaningful relationships and helping patients navigate complex health concerns.

For families and individuals in the Ojai Valley looking for a new doctor, Dr. Evans treats every patient with the same care and attention he'd give his own family — the chance to build a relationship with a physician from day one.

“Dr. Evans is a great addition to the practice. He was kind and patient with my mom and was very honest with her situation. We both really liked Dr. Evans and appreciate his care.”

Now accepting new patients

Make Dr. Evans your provider this open enrollment.

Appointments: (805) 646-7246

117 Pirie Rd #D, Ojai, CA 93023



 Scan Me



FEATURED PROVIDER · OJAI VALLEY FAMILY MEDICINE GROUP

Dr. Stephen Evans, MD

AT A GLANCE

Specialty: Internal Medicine

Undergraduate: Tulane University, Biomedical Engineering

Medical School: Vanderbilt University

Appointments: (805) 646-7246



"I always know I am getting excellent care and advice from Dr. Halverson."

Dr. James Halverson has practiced in Ojai with the Ojai Valley Family Medicine Group since 1987. Board-certified in Family Practice, he has served as Medical Director of the Ojai Hospital Continuing Care Center for over 30 years and sat on the board of the Ojai Valley Community Hospital Foundation since 2000 — chairing it from 2014 to 2018.

A devoted community member, "Jim" has been part of the Rotary Club of Ojai West since 1989, is active in the Ojai Presbyterian Church, and serves on the Ojai Unified School District Board of Trustees. He and his wife Robyn — married over 43 years — raised their children Jenna and Brad in Ojai and are proud grandparents to Declan and Asher.

Dr. James Halverson, MD

Family Practice · Ojai

- **Focus:** Family Practice
- With the practice since 1987
- Medical Director, Ojai Hospital Continuing Care Center (30+ yrs)

Appointments: (805) 646-7246

117 Pirie Rd #D, Ojai, CA 93023





Dr. Mary Dial, MD

Family Practice · Ojai

“Dr. Dial has been my doctor for years. Through everything, she and everyone on her staff has taken the time to go above and beyond. I have nothing but good things to say.”

Dr. Dial pairs clinical excellence with an easygoing, personable style that patients love. Known for thorough, attentive care and clear communication, Dr. Dial makes every patient feel like a priority.

Whether managing a chronic condition or guiding a patient through a wellness plan, Dr. Dial brings focus, compassion, and a real commitment to the Ojai community.

- **Focus:** Family medicine, patients of all ages
- **Medical school:** Washington University School of Medicine in St. Louis
- **Residency:** Family Practice Residency, Ventura County Medical Center, CA

Appointments: (805) 646-7246

117 Pirie Rd #D, Ojai, CA 93023



Scan Me

Open enrollment, made simple



1 Know your window

Mark your enrollment dates so you don't miss them.

October 15 - December 7

2 Pick a plan that includes your doctor

The most important question is “does it let me see the provider I want?” Once you’ve chosen your plan, be sure to select Rincon Health Network as your IPA.

3 Choose your primary care provider

Browse the providers in this guide, find one who's right for you, and request them as your PCP when you enroll. Please visit our website to see our complete list of PCPs, as not all providers are included in this guide.

4 Scheduling your first visit

Once you're enrolled, call your chosen practice to schedule your first visit. Our teams take it from there.

KEY QUESTIONS TO ASK

- Is my preferred provider in this plan's network?
- Is the practice accepting new patients?
- What's covered for preventive care and screenings?
- How are specialists and referrals handled? *(With Rincon Health Network, they're coordinated for you.)*

Need help? Rincon Health Network's Member Services team is happy to walk you through it. **(805) 840-2524**

FIND THE RIGHT PROVIDER FOR YOU

“Meet the Doctor” Events

Join us at our exclusive “Meet the Doctor” events!

This unique opportunity allows you to meet your potential primary care provider (PCP) before becoming a patient. Building trust and feeling comfortable with your provider are important parts of your healthcare journey. This event gives you the opportunity to get to know our providers and find the right fit for you and your healthcare needs.

FREE Catered Meal

Here's What You Can Look Forward To at Our Event:

- Meet our providers and ask questions about their specialties.
- Discover how we care for the whole family—from kids to seniors while supporting your overall health and wellness journey.
- See why thousands of families trust Rincon Health Network Partners with their care.

Why Attend?

Your healthcare journey should begin with trust and peace of mind. We want you to feel confident that you've found the right partner in health.

**Save Your Spot,
Limited Seating!**

Call to learn more and RSVP:
(805) 702-8337



How to choose the right provider for you

With so many great Rincon Health Network providers to choose from, how do you pick? A few simple things to consider:

1 Location & convenience

Which practice is closest to home or work? Easy access means you're more likely to keep up with care.

2 The right fit

A provider who's been part of the community for decades, or someone newer to the area? Both are great—it's about what feels right to you.

3 Language & comfort

Many of our providers and teams speak more than one language. Choose a practice where you'll feel completely understood.

4 Accepting new patients

All providers featured in this magazine are currently accepting new patients. Call the provider's appointment line to schedule your first visit.

*Still not sure? Call our Member Services team and we'll help match you with a provider who fits. **(805) 840-2524***

Ready to get started? Here's how.

1

Choose your provider

from this guide.

2

Make sure your plan includes Rincon Health Network

Ask for Rincon Health Network during enrollment.

3

Call the practice

to schedule your first visit. That's it.

Primary Medical Group

Phone

(805) 702-8337

Web

primarymedical.net

Locations

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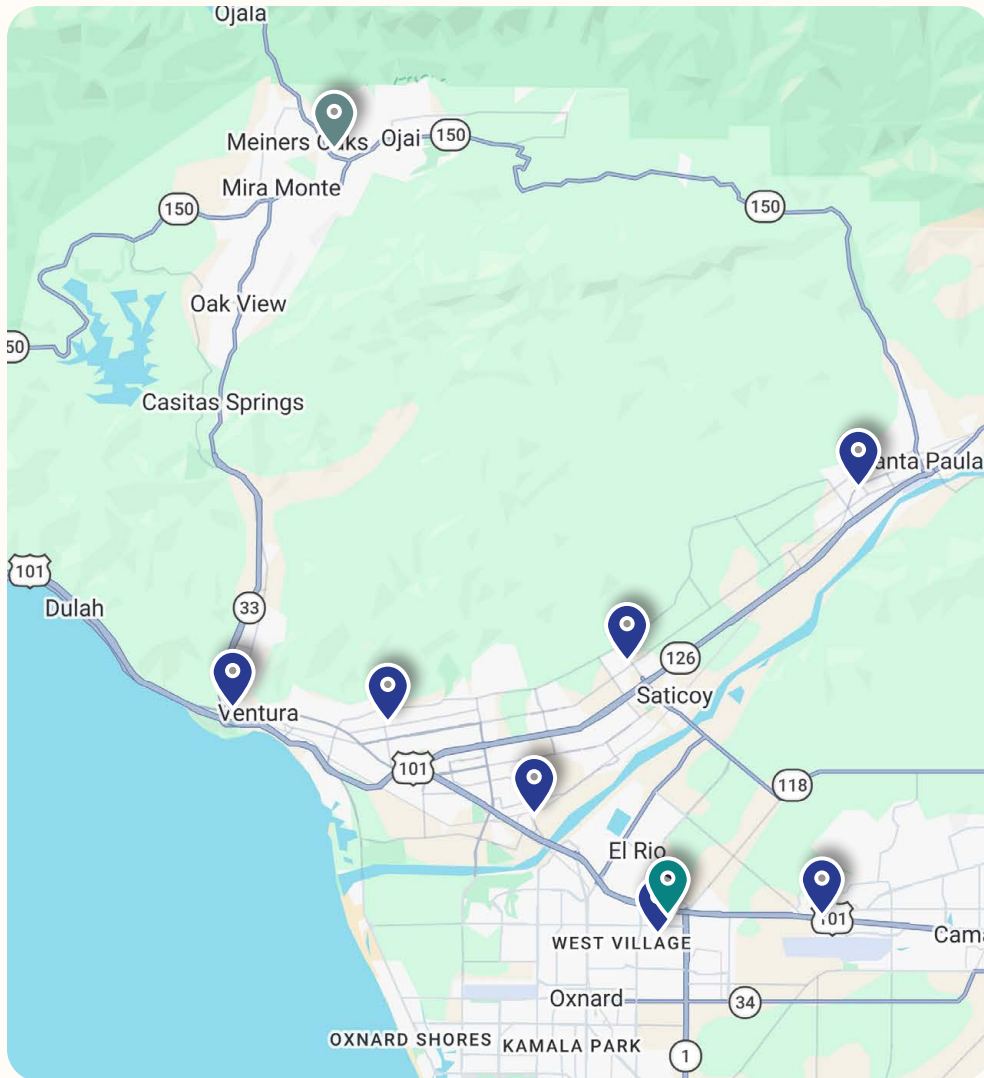
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