

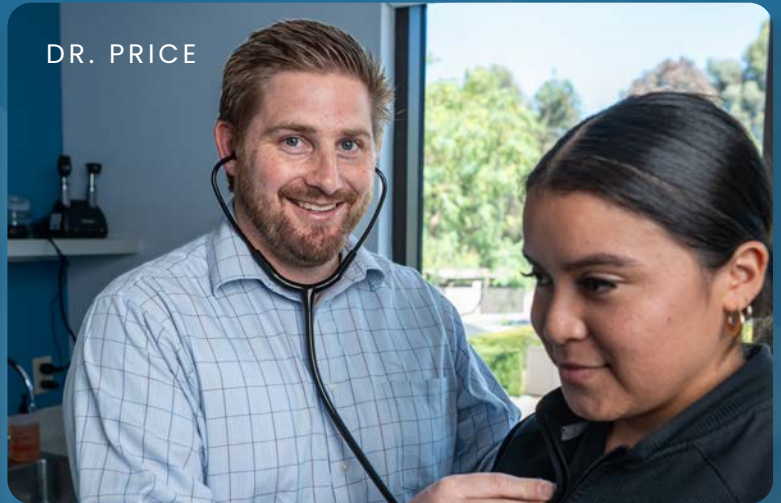
OPEN ENROLLMENT • AEP OCT 15 - DEC 7, 2026

TRUSTED SINCE 1942

DR. JAMEEL



DR. PRICE



DR. SHARP



Fallbrook • Temecula • Murrieta • Wildomar • Menifee • Winchester • Hemet • Moreno Valley

The Valley's Most Trusted Doctors, All in One Place

Your guide to choosing the right primary care provider this Open Enrollment.

★ 4.8 average rating across our providers

 [Become a Patient](#)

Call 951.676.4193


RANCHO FAMILY
MEDICAL GROUP

What's Inside

P.3 It's Open Enrollment

P.4 About Rancho Family

P.5 Senior Medicare Support Team

P.6-7 Our Locations & Providers Map

P.8-11 Locations Opening Soon

P.12-21 Meet Our Featured Providers

P.22 Rancho Therapy

P.24 Temecula Valley OB/GYN

P.26 Rancho Family Pediatrics

P.28 Free Medicare Seminars

P.29 AEP Seminar Calendar

P.30 Meet Our Doctor Events

P.31 iCare Urgent Care

RANCHOFAMILYMED.COM



It's Open Enrollment – Time to Review Your Medicare Plan

ANNUAL ENROLLMENT PERIOD

October 15 – December 7

1

WHAT IS AEP?

Medicare's Annual Enrollment Period runs October 15 to December 7- the time to review your coverage for the coming year.

2

WHY IT'S IMPORTANT

Plans change yearly - benefits, provider networks, and costs. This is your opportunity to make sure your plan still works for you.

3

HOW WE CAN HELP

We can connect you with licensed Medicare Brokers to explore your options.

CALL TODAY

951.225.6808

**AVAILABLE MON-FRI
8 AM – 5 PM**

BEFORE DECEMBER 7

- ✓ Know your benefits
- ✓ Call us for plan-friendly info
- ✓ Make changes before December 7

ATTEND A LOCAL AEP INFO EVENT! See page 30 for dates and times.

Care Made Simple

Rancho Family is dedicated to helping patients achieve and maintain optimal health.

60+

Providers

16+

Clinics

★ **4.8**

Avg. Rating

2

Free Senior Centers

1942

Serving Since

ONLINE SCHEDULING

Book appointments 24/7 on your own time. Skip the wait – schedule your visit in seconds.

APPOINTMENT WAITLIST

Need to be seen sooner? If an earlier appointment opens up, you'll get a text or email offering you the slot.

TELEHEALTH VISITS

Secure video visits for follow-ups, medication refills, minor illnesses, and chronic condition management.

SAME-DAY URGENT CARE

Partnered with iCare Urgent Care for same-day care, extended hours & walk-in visits. See page 31
(951) 878-9820 • icareuc.com

COMMERCIAL HMO & PPO

We accept all PPO plans, including Tri-Care, if we are in network with your provider.

FREE SENIOR CENTERS

Finding community and staying active are core values at Rancho Family. We have two senior centers in Hemet and Sun City, offering activities that promote healthy living – line dancing, yoga, bingo, and more.

A LARGE NETWORK OF SPECIALISTS

Rancho Family has partnered with Regal Medical Group as our IPA (Independent Physicians Association) – a prominent medical group in Southern California for over 35 years.

 **Regal Medical Group**

READY WHEN YOU ARE

BOOK ONLINE 24/7, OR CALL

951.676.4193

Senior Medicare Support Team

Helping Seniors 65+ Navigate
Their Healthcare with Ease.

CALL TODAY

951.225.6808

AVAILABLE MON-FRI, 8 AM - 5 PM



OUR TEAM CAN HELP WITH:

- Switching to a Rancho Family provider.
- Answering insurance and specialist questions.
- Guidance to seamless, personalized care.

We accept Medicare!

NO MATTER WHERE YOU ARE IN THE PROCESS, OUR TEAM IS HERE TO HELP.

Here are some of the major insurance plans we accept:



Our Locations & Providers



A

Sun City

27190 Sun City Blvd
Menifee, CA 92586

951.723.3804

PROVIDERS

Dr. Jennifer Boozer
Dr. Irene Ching (Kim)
Dr. Susan Behnawa
Charles Asamaphand, PA
Ruth Toussaint, NP



D

Menifee

29791 Haun Rd, Ste. 100,
Menifee, CA 92586

951.723.3800

PROVIDERS

Dr. Anthony Gallegos
Dr. Eric Madrid
Dr. Matthew Lee
Dr. Rolando Gutierrez
Dr. Azher Jameel
Dr. Nicole Tfaye
Dr. Christine Hermiz
Silvia Bazzetti-Reid, PA
Greg Korzeniowski, NP
Evelyn Kelley, NP



F

Cal Oaks

41011 California Oaks Rd, #103
Murrieta, CA 92562

951.225.6287

PROVIDERS

Dr. Eric Neilson
Dr. Stacey Bernardo
Todd Baca, NP
Julie Hartman, NP



B

Hemet

3853 W. Stetson Ave, Ste. 200
Hemet, CA 92545

951.225.6802

PROVIDERS

Dr. Brittany Tilson
Dr. Steven Ching
Ana Diaz, NP
Audrey Bell, NP



E

Single Oak

28780 Single Oak Dr,
Ste. 160 & 270
Temecula, CA 92590

951.252.8650

PROVIDERS

Dr. Ellie Tan
Dr. Alethea Poste
Dr. Cristina Bailey
Dr. Tae Im
Dr. Pamela Simmons
Dr. Timothy Elfelt
Dr. Jerry Hizon
Dr. Jordan Smith
Amber Holden, PA
Jason Hamilton, NP



G

Hot Springs

38860 Sky Canyon Dr, Bldg. A
Murrieta, CA 92563

951.225.6276

PROVIDERS

Dr. James Sotis
Susan Lee, PA
Courtney Hill, PA



C

Moreno Valley

24119 Hemlock Ave, Ste. 104
Moreno Valley, CA 92557

951.414.8294

PROVIDERS

Dr. Matthew Im



H

French Valley

30772 Benton Rd, Ste. 01
Winchester, CA 92596

951.414.8296

PROVIDERS

Dr. Sonali Mondkar
Reed Bovee, PA



Wildomar

23823 Clinton Keith Rd, Ste. 102
Wildomar, CA 92595

951.414.8280

PROVIDERS

Dr. Rome Walter
Dr. Anh Brewer
Desirae Segura, NP



Makena

31150 Temecula Parkway, Ste.
200 Temecula, CA 92592

951.225.6827

PROVIDERS

Dr. Michelle Uttaburanont
Dr. Maisara Rahman
Dr. Nichele Blosser
Amanda Vanscoy, NP
Michelle Etesami, NP
Anisha Patel, NP



Fallbrook

521 E. Elder St. #105
Fallbrook, CA 92028

760.728.8344

PROVIDERS

Dr. David Bridgeman
Dr. Brandon Miller
Dr. Anna Miller
Mary Steinhoff, NP



Redhawk

31720 Temecula Pkwy, Ste. 100
Temecula, CA 92592

951.414.8240

PROVIDERS

Dr. Kyle Vincent
Richard Bonnes, PA



Meadows

31795 Rancho California Rd,
Ste. #700, Temecula, CA 92591

951.676.4193

PROVIDER

Dr. Jordan Price



Hancock

25405 Hancock Ave, Ste. 202
Murrieta, CA 92562

951.676.4193

PROVIDERS

Dr. Elisabete Sharp
Fernando Quezada, PA



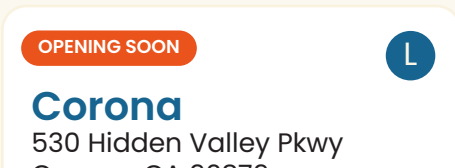
Pediatrics

41238 Margarita Rd, Ste. 106
Temecula, CA 92591

951.506.9392

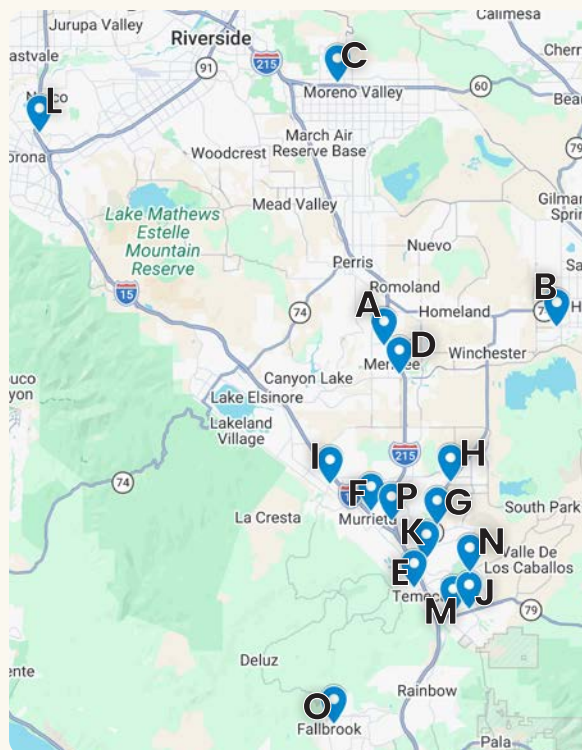
PROVIDERS

Dr. Jordan Smith
Dr. Justin Salehi



Corona

530 Hidden Valley Pkwy
Corona, CA 92879



**LEARN
MORE**

Visit us at: **RANCHOFAMILYMED.COM**



OPENING SOON

New Murrieta Location

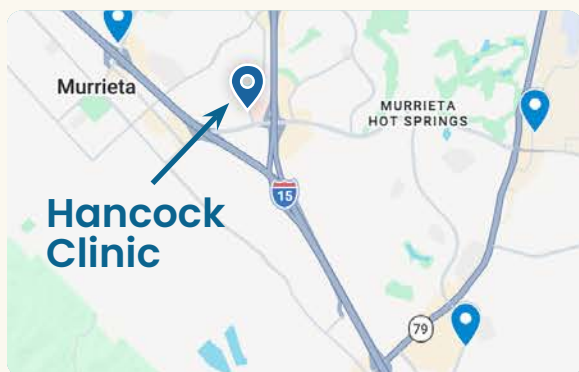
EXPANDING CARE. SHORTER WAITS. SAME TRUSTED TEAM.

Hancock Clinic

25405 Hancock Ave, Ste. 202
Murrieta, CA 92562

951.676.4193

Rancho Family Medical Group is proud to welcome patients to our newest location in Murrieta, CA. Designed to provide convenient, compassionate care for individuals and families in the growing Murrieta community, our new clinic brings the trusted care of Rancho Family Medical Group closer to home.



Welcoming new patients soon!

Meet Our Newest Care Team

Fernando Quezada, PA

PHYSICIAN ASSISTANT TRAINING

University of Southern California

MASTER'S

University of Nebraska Medical Center

Speaks English & Spanish



Dr. Elisabete Sharp

FAMILY PHYSICIAN

Hancock Clinic

25405 Hancock Ave, Ste. 202, Murrieta, CA 92562

951.676.4193 Speaks English & Portuguese



MEDICAL DEGREE

Bahia School of Medicine and Public Health in Brazil

INTERNSHIP & RESIDENCY

Saint Joseph Hospital

BIO

Dr. Elisabete Sharp is a family medicine physician with a special interest in women's health. Born and raised in Brazil, she completed medical school and an OB-GYN residency before completing her family medicine residency in Chicago. She practiced in upstate New York for eight years before moving to California.

Dr. Sharp cares for patients of all ages, treating acute and chronic conditions while providing comprehensive women's health services, including Pap smears, contraception, STI screening and treatment, menopause care, and colposcopies. She is committed to compassionate, personalized care and treating each patient with respect and dignity.

Outside of medicine, she enjoys spending time with family and friends, going to the beach, dancing, and hiking along the coast.

★ New Provider

"Dr. Sharp was very thorough, took her time with me and explained what she would be doing and why... She scheduled a physical for me and followed through on everything. I am very happy I found Dr. Sharp."

CALL TODAY

 **Become a Patient**

951.676.4193



**LEARN
MORE**



OPENING SOON

New Temecula Location

EXPANDING CARE. SHORTER WAITS. SAME TRUSTED TEAM.

Meadows Clinic

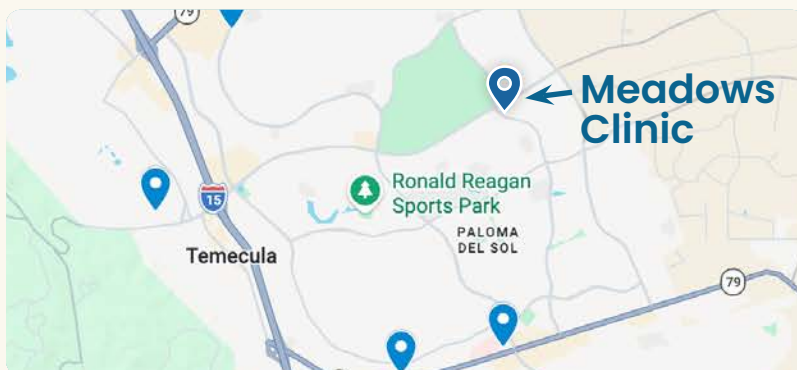
31795 Rancho California Rd, Ste. #700
Temecula, CA 92591

951.676.4193

Your health deserves care that fits your life. At Rancho Family Medical Group's new location in Temecula, patients can receive personalized primary care in a convenient, welcoming setting close to home.

From annual wellness visits and preventive care to ongoing health needs, our team takes the time to understand you—not just your medical history. We're here to help you stay on top of your health, address concerns early, and build a long-term relationship with your care team.

Comprehensive care. Personal attention. A convenient new location for the Meadows community.



Welcoming new patients soon!

Dr. Jordan Price

INTERNIST

Meadows Clinic

31795 Rancho California Rd, Ste. #700

Temecula, CA 92591

951.676.4193



MEDICAL DEGREE

Midwestern University, Chicago College of Osteopathic Medicine

RESIDENCY

Temecula Valley Hospital

BIO

Dr. Jordan Price is a lifelong Temecula resident and is proud to return to the community where he grew up and give back by caring for local patients and families.

He believes excellent care starts with creating a comfortable, open environment where patients feel they can discuss any concern and receive personalized care.

Outside of medicine, Dr. Price enjoys spending time with his family, watching his children play sports, camping, hiking, and playing rugby.

★ New Provider

"I just recently switched my primary Dr to Dr. Jordan Price. He is so compassionate and takes his time with you. Has a clear understanding of complicated cases. I have worked in the medical field for 30 years and I can confidently recommend him as a PCP. Great bedside manner and reminds me of neighborhood doctors small towns use to have. You won't regret switching to him."

CALL TODAY

 **Become a Patient**

951.676.4193



**LEARN
MORE**

Dr. Azher Jameel

FAMILY PHYSICIAN

Menifee Clinic

29791 Haun Rd, Ste. 100, Menifee, CA 92586

951.723.3800 Speaks English & Arabic



MEDICAL DEGREE

University of Al-Mustansiriyah College of Medicine, Iraq

RESIDENCY

Chino Valley Medical Center (Chief Resident)

BIO

Dr. Jameel began his career in Iraq, practicing for eight years and serving as a physician with the U.S. Embassy before relocating to the U.S. with his family. Passionate about patient-centered care and fluent in Arabic, he is especially committed to supporting Arabic-speaking patients. Outside of medicine he enjoys soccer, a healthy lifestyle, and travel, with Spain a recent favorite.



★ New Provider

"Dr Jameel was the most informative doctor I have ever encountered. His explanation of the details of my blood work was appreciated."

CALL TODAY

 **Become a Patient**

951.723.3800



**LEARN
MORE**

ranchofamilymed.com/azher-jameel/

Dr. Nicole Tfaye

FAMILY PHYSICIAN

Menifee Clinic

29791 Haun Rd, Ste. 100, Menifee, CA 92586

951.723.3800



MEDICAL DEGREE

Arizona College of Osteopathic Medicine

RESIDENCY

Loma Linda University, Murrieta

BIO

Passionate about family medicine, Dr. Tfaye cares for entire families, offering services from hypertension management to lipoma and cyst removals and women's health. Outside the clinic, she enjoys the outdoors, traveling, and is a diehard Lakers fan.

★ **4.8** 176 Google reviews

"Dr. Tfaye is an exceptional physician whose dedication to patient care truly stands out. Her ability to clearly explain my diagnosis and treatment plan was remarkable."



CALL TODAY

 **Become a Patient**

951.723.3800



**LEARN
MORE**

ranchofamilymed.com/nicole-tfaye/

Dr. Anthony Gallegos

FAMILY PHYSICIAN

Menifee Clinic

29791 Haun Rd, Ste. 100, Menifee, CA 92586

951.723.3800 Speaks English & Spanish



MEDICAL DEGREE

University of Vermont

RESIDENCY

San Antonio, Texas

BIO

Outside of the clinic, Dr. Gallegos is a proud husband and father of two girls, a lifelong sports fan, and someone who believes in practicing what he preaches — staying active, staying grounded, and always learning.



★ **4.8** 19 Google reviews

"He actually listened to me. He took my concerns seriously, followed up, and genuinely worked to help."

CALL TODAY

 **Become a Patient**

951.723.3800



**LEARN
MORE**

ranchofamilymed.com/anthony-gallegos/

Dr. Matthew Lee

INTERNIST

Menifee Clinic

29791 Haun Rd, Ste. 100, Menifee, CA 92586

951.723.3800



MEDICAL DEGREE

Liberty University College of Osteopathic Medicine

RESIDENCY

Loma Linda University, Murrieta

BIO

Dr. Lee grew up in Fort Collins, Colorado, where a middle-school mission trip first showed him the impact of healthcare. He favors a team-based approach built on trust, believing everyone has a unique story worth understanding. Outside the clinic he leads by example - weightlifting, family time, and serving in his church community.



★ **4.9** 116 Google reviews

"Dr. Lee treats you like you are his only patient. He listens, and he's concerned to make sure that you're healthy."

CALL TODAY

 **Become a Patient**

951.723.3800



**LEARN
MORE**

Dr. Jennifer Boozer

FAMILY PHYSICIAN

Sun City Clinic

27190 Sun City Blvd, Menifee, CA 92586

951.723.3804



MEDICAL DEGREE

Touro University (Doctor of Osteopathic Medicine)

RESIDENCY

Family Medicine, Chino Valley Medical Center

BIO

A Southern California native, Dr. Boozer sees patients at our Sun City office in Menifee. She has a special passion for preventive care, empowering patients to stay well rather than only responding to illness. Outside of medicine she is a mother of three and a dedicated equestrian.

★ New Provider

"Dr. Boozer is very knowledgeable, thorough, and really pays attention to the details of a patient's status. She took time to address my concerns and answered all my questions."



CALL TODAY

 **Become a Patient**

951.723.3804



**LEARN
MORE**

ranchofamilymed.com/jennifer-boozer/

Dr. Eric Neilson

FAMILY PHYSICIAN

Cal Oaks Clinic

41011 California Oaks Rd #103, Murrieta, CA 92562

951.225.6287 Speaks English & Spanish



MEDICAL DEGREE

Ross University School of Medicine, Dominica

RESIDENCY

Presbyterian Intercommunity Hospital, Whittier

BIO

Dr. Neilson grew up in Long Beach, drawn to medicine by a love of science and service, with additional training in global and tropical medicine. At the core of his philosophy is listening - creating an environment where patients feel heard and actively involved in their care. Outside the clinic, he enjoys time with his wife and two young children and staying active outdoors.



★ **4.9** 23 Google reviews

"My visits with Dr. Neilson have been fantastic! He remembers me from the last time I saw him and remembers the things I'm going through."

CALL TODAY

 **Become a Patient**

951.225.6287



**LEARN
MORE**

Dr. Irene Ching (Kim)

INTERNIST

Sun City Clinic

27190 Sun City Blvd, Menifee, CA 92586

951.723.3804



MEDICAL DEGREE

Touro College of Osteopathic Medicine, New York

RESIDENCY

Internal Medicine, St. Mary Medical Center, Long Beach (UCLA-affiliated)

BIO

A California native from East Los Angeles, Dr. Ching found her passion for medicine early, helping care for her mother through multiple health conditions - and it shapes how she practices: listening with empathy and never rushing a visit. Outside the clinic, she enjoys hiking, the California coast, and exploring new cultures and cuisines.



★ **4.8** 195 Google reviews

"After searching tirelessly for a provider who actually listens, I found her!!! She listens with compassion and empathy and provided me with the benefits and risks of all the decisions we were making."

CALL TODAY

 **Become a Patient**

951.723.3804



**LEARN
MORE**

ranchofamilymed.com/irene-kim/

Dr. Nichele Blosser

INTERNIST

Makena Clinic

31150 Temecula Pkwy, Ste. 200, Temecula, CA 92592

951.225.6827



MEDICAL DEGREE

Des Moines University, Iowa

RESIDENCY

Temecula Valley Hospital

BIO

Dr. Blosser is an internist dedicated to adult primary care, known for being thorough and caring – patients who struggled to find the right PCP describe her taking time to ask every question. She focuses on prevention, chronic-disease management, and building trust visit after visit. Outside the clinic, she enjoys her family, knitting and crocheting, and hiking with her two dogs around Lake Arrowhead.

★ 4.9 113 Google reviews

“Dr. Blosser was incredibly thorough and caring. I had struggled to find a PCP. She took the time to ask all the questions.”



CALL TODAY

 **Become a Patient**

951.225.6827



**LEARN
MORE**

ranchofamilymed.com/nichele-blosser/

Dr. Sonali Mondkar

FAMILY PHYSICIAN

French Valley Clinic

30772 Benton Rd., Suite 01, Winchester, CA 92596

951.414.8296



MEDICAL DEGREE

American University of Antigua College of Medicine

RESIDENCY

UHS SoCal MEC at Temecula Valley Hospital

BIO

Dr. Mondkar grew up in California and was drawn to medicine to help people from all walks of life - "This is the field where I can be a constant learner and still connect with people," she says. Outside of work she enjoys gardening, reading, and time at the beach with her pet husky.

★ 4.7 79 Google reviews

"I always feel heard after my visit with Dr. Mondkar. She gives great feedback and goes the extra length to address all of my concerns and needs."



CALL TODAY

 **Become a Patient**

951.414.8296



**LEARN
MORE**

ranchofamilymed.com/sonali-mondkar/

Dr. David Bridgeman

FAMILY PHYSICIAN

Fallbrook Clinic

521 E. Elder St. #105, Fallbrook, CA 92028

760.728.8344



MEDICAL DEGREE

UCLA School of Medicine

RESIDENCY

Northridge Hospital (UCLA-affiliated)

BIO

Dr. Bridgeman has practiced in Fallbrook since 2000. He takes great pleasure in treating the entire family, from newborns to grandparents, and believes in addressing the root cause of a complaint, not just the symptoms. Outside of work, he enjoys making his own wine from his vineyard, growing pumpkins, and creating homemade recipes with his harvest. He also grows peppers for his brother's hot sauce company, enjoys golfing, and is an avid traveler.



★ New Provider

"David Bridgeman, MD is amazing. He listens to you and treats you like you're the most important patient he has."

CALL TODAY

 **Become a Patient**

760.728.8344



**LEARN
MORE**



Rancho Therapy

Care That Works Alongside
Your Primary Care

therapy.ranchofamilymed.com • (951) 290-3725

We Specialize in:

Anxiety

Depression

Stress

Grief & Loss

Women's Issues

Low Self-Esteem

LGBTQ+ Support

Couples Therapy

Men's Issues

Military & Veterans

Trauma

Teens

Services Available in English & Spanish

Virtual & In-Person Care at Single Oak &
Menifee with Convenient Online Scheduling

Scan the QR code to schedule your
appointment or call: (951) 290-3725



*Accepts Most Major PPO Insurance Plans & Medicare
Cash & HSA payments also accepted.*



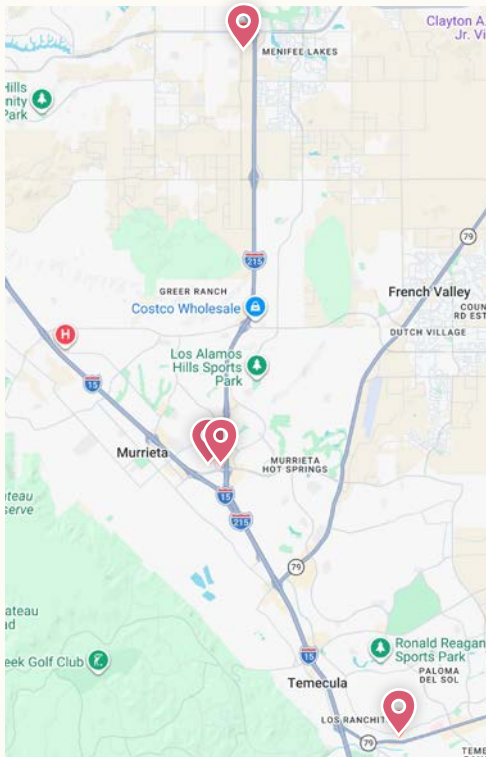
Temecula Valley
OB/GYN

THE VALLEY'S PREMIER SPECIALIST

**For every woman.
For every season.**

Seamless care designed around your life.

16 Providers • 4 Locations



From your first prenatal visit through every annual exam that follows, our team is here to care for all your women's health needs. With four locations across the Temecula Valley, we're committed to providing compassionate, comprehensive care close to home.

OUR SERVICES

- Obstetrics & Prenatal Care
- Fertility Counseling
- Menopause & Wellness
- Gynecology & Annual Exams
- High-Risk Pregnancy Care
- In-Office Procedures

MURRIETA

25460 Medical Center Dr.
Suite 100

MURRIETA

25495 Medical Center Dr.
Suite 300

MENIFEE

30420 Haun Rd.

TEMECULA

31170 Temecula Pkwy.
Suite 201

Our Providers



Dr. Noelle Ortiz
MD, FACOG



Dr. Charles C. Yang
MD, FACOG



Dr. Debra Kay Lebo
DO, FACOOG



Dr. Elizabeth LoCascio
DO, FACOOG



Dr. Kendra G. Jones
MD, FACOG



Dr. Emily Thomson
DO, FACOG



Dr. Tammy Lynn Hayton
MD, FACOG



Nancy Ferrell
RNP



Dr. Renae Jackson
MD, FACOG



Dr. Kevin Carnevale
MD, FACOG



Dr. James Neal
MD, FACOG



Dr. Florence Quinata
MD, FACOG



Dr. Alejandra Garcia-Ferre
MD



Tanya Nolan
CNM



Alyssa Battey
CNM



Kari Gaskins
CNM

Book an appointment today!

(951) 677-4748 | temeculavalleyobgyn.com



RANCHO FAMILY
PEDIATRICS

Explore Better Pediatric Care

Meet Koko the Koala!

Koko is Rancho Family Pediatrics' friendly healthcare guide, here to make every visit fun and memorable! He works alongside our doctors and care team to share healthy tips, activities, and helpful tricks to keep kids feeling happy, safe, and healthy.



41238 Margarita Rd #106
Temecula, CA 92591

951.506.9392

ranchopediatrics.com



Dr. Smith
Pediatrician



Dr. Salehi
Pediatrician

Step Into a World of Adventure

At Rancho Family Pediatrics, each visit takes your family on a journey. With globally themed rooms and a focus on fun, learning, and discovery, we make pediatric care exciting for kids and reassuring for parents.



FREE MEDICARE SEMINAR

Find out about the upcoming Medicare changes for 2027

Enjoy snacks or pick up a whole pie - at no obligation to you.

RSVP (800) 593-9215

A&B Insurance Services is a team of local, independent insurance agents who specialize in Medicare. We understand that everyone has different health and budgetary needs- one plan does not fit all. We give you the power to compare and the freedom to choose the plan that's right for **you**.



Medicare's Annual Enrollment Period runs **October 15 - December 7**. You can switch health plans during that time. We will never steer or lead you to any one plan.

There will be NO enrollments or sales at this seminar -
so leave your checkbook at home.

Here's what we'll discuss

- ☒ **Enrollment Periods** - timelines, penalties, and other types of coverage
- ☒ **Medicare Supplement (Medigap)** - what these plans cover.
- ☒ **Prescription Drug Plans (Part D)** - understanding the rules and terminology.
- ☒ **Medicare Advantage (Part C)** - an alternative plan for coordinated care.
- ☒ **Changes to Medicare for 2027** - see how the changes may impact you.



Rachel Brown

CA Lic # 0H55045

760.519.3740



Cesar Garcia

CA Lic # 0M97490

951.440.9242



Bradley Massey

CA Lic # 0L86250

760.815.6827

OCTOBER – NOVEMBER PRESENTATIONS

Annual Election Period Meetings (AEP)

Join us at an educational seminar near you. As licensed insurance agents, we're here to make Medicare easy to understand—and help you find the plan that fits.

**Reserve your spot & ENJOY
SNACKS OR A WHOLE PIE!**

(800) 593-9215

TTY 711
24 hours / 7 days

Denny's

713 S Main Ave. Fallbrook, CA 92028

MONDAYS – 10 AM



WHOLE PIE

OCT: 19, 26

NOV: 2, 9, 16, 23

Broken Yolk Café

26495 Ynez Rd. Temecula, CA 92591

MONDAYS – 11 AM



**BREAKFAST
SNACK**

OCT: 19, 26

NOV: 2, 9, 16

Richie's Diner

40651 Murrieta Hot Springs Rd.
Murrieta, CA 92562

TUESDAYS – 11 AM



**BREAKFAST
SNACK**

OCT: 20, 27

NOV: 3, 10

Black Bear Diner

27990 Bradley Rd. Sun City, CA 92586

WEDNESDAYS – 11 AM



**BREAKFAST
SNACK**

OCT: 21, 28

NOV: 4, 18

Rancho Family Senior Center

27190 Sun City Blvd. Sun City, CA 92586

THURSDAYS – 11 AM



WHOLE PIE

OCT: 15, 22, 29

NOV: 5, 12, 19

Emilio's Mexican Restaurant

2340 S San Jacinto Ave. San Jacinto, CA

FRIDAYS – 2 PM



**MID-DAY
SNACK**

OCT: 16, 23, 30

NOV: 6, 13

Brandon's Diner

24626 Sunnymead Blvd.
Moreno Valley, CA 92553

FRIDAYS – 11 AM



**MID-DAY
SNACK**

OCT: 16, 23, 30

Enjoy a free snack or whole pie with no obligation to enroll. These events are for educational purposes only; no plan benefit information will be shared. For accommodation of persons with special needs at meetings, call (760) 519-3740, TTY 711, M-F 9am-5pm PST. By calling the number above, you will be directed to a licensed insurance agent. CA 0H55045

“Meet the Doctor” Events

FIND THE RIGHT DOCTOR FOR YOU

Join us at Rancho Family Medical Group for our exclusive “Meet the Doctor” events!

This unique opportunity allows you to meet your potential doctor before you even become a patient. We believe that confidence and comfort are key to a successful doctor–patient relationship, and this event is designed to help you find the perfect match for your healthcare needs.

FREE Catered Meal

HERE'S WHAT YOU CAN LOOK FORWARD TO AT OUR EVENT:

- Meet our doctors and ask questions about their specialties
- Discover how we care for the whole family—from kids to seniors while supporting your overall health and wellness journey
- See why thousands of families trust Rancho Family Medical Group with their care

WHY ATTEND?

Your healthcare journey should begin with trust and peace of mind. At Rancho Family Medical Group, we want you to feel confident that you've found the right partner in health.

**Save Your Spot,
Limited Seating!**

Call to RSVP:
951.225.6808



ranchofamilymed.com/open-enrollment/



Fast, Local Urgent Care for Murrieta & Coming Soon to Temecula.

When to Come In-Person:

You need an in-person visit if it requires a physical exam, diagnostic testing or hands-on treatment:

- Cuts or lacerations needing stitches or wound care
- Sprains, strains or possible fractures needing X-rays
- Ear pain or infection
- Eye injury or infection
- Severe sore throat
- Abdominal pain or urinary retention
- Mild shortness of breath
- Persistent vomiting or dehydration
- Allergic reactions needing observation or medication
- Animal or insect bites
- Abscess needing drainage

For chest pain, severe shortness of breath or other life-threatening symptoms, call 911 or go to the nearest emergency room.

When a Virtual Visit Works:

Virtual care works for issues we can safely manage by video, no hands-on procedures needed:

- Mild cold or flu symptoms
- Sinus infections or upper respiratory infections
- Rashes or mild skin infections
- Seasonal allergies
- COVID-19 concerns or questions
- Mild anxiety or sleep issues
- Pink eye without vision changes or pain
- Head lice or minor skin concerns

[icareuc.com](https://www.icareuc.com)



iCare Office

27722 Clinton Keith Rd.
Murrieta, CA 92562

(951) 878-9820

Extended Hours & Walk-In Visits

Mon – Fri: 9am – 7pm
Sat & Sun: 9am – 2pm

DR. MONDKAR



CALL TODAY



Become a Patient

951.676.4193



**LEARN
MORE**

RANCHOFAMILYMED.COM


RANCHO FAMILY
MEDICAL GROUP