

It's Open Enrollment & Time to Review Your Medicare Plan

AEP (Annual Enrollment Period): October 15 - December 7

1. What is AEP?

Medicare's Annual Enrollment Period is from October 15 to December 7. It's your chance to review or change your Medicare Advantage plan for 2026.

2. Why It's Important?

Plans change yearly—benefits, provider networks, and costs. This is your opportunity to make sure your plan still works for you.

3. How We Can Help?

Can connect you with licensed Medicare Brokers to explore your options.

- Know your benefits
- Call us for plan-friendly info
- Make changes before December 7

Attend a local AEP info event! (see page 25)

How to Use This Magazine to Find the Right Doctor for You!

Choosing a provider is personal—here's how to make the best choice for your care:

1. Think about what matters most to you.

Do you value preventive care? Easy communication? Treatment options? Short wait times? Take a moment to consider what's most important for your health journey.

ranchofamilymed.com

2. Decide how far you want to travel.

Rancho Family has 13 convenient locations across Riverside County. See pages 6–7 to find the office nearest you.

3. Explore our providers.

- Learn where our providers trained in this magazine
- Visit our website to watch short intro videos about each provider
- Get a feel for their approach and personality

Have questions? We're here to help.

Our Senior Medicare Support Team is here to guide you.

951.430.4973

Senior Medicare Support Team

Helping Seniors 65+ Navigate Their Healthcare with Ease.

Navigating healthcare can feel overwhelming, but you don't have to do it alone. Our friendly Senior Medicare Support Team is just a call away to guide you through every step.



Available Monday-Friday, 8 AM - 5 PM

Our Team Can Help With:

- Switching to a Rancho Family doctor.
- Resolving complications with your care.
- Answering insurance and specialist questions.

What You Can Expect:

- No phone tree, just direct phone lines.
- Help with everything related to your care.
- Guidance to ensure seamless, personalized care.

We accept Medicare!

No matter your insurance, our team works with you to simplify the process.

Here are some of the major insurances we accept:































Trusted Primary Care Since 1942

Rancho Family is dedicated to helping patients achieve and maintain optimal health!

56 Providers

13 Offices

Wellness Programs

We Specialize

in Senior

Healthcare

To learn more call us! 951.430.4973

Free Senior Centers

Finding community and staying active are core values at Rancho Family Medical Group. We have two senior centers located in Hemet and Sun City! Our centers offer a range of activities that promote healthy living such as: Line Dancing, Yoga, Bingo, and more!

Large Network of Specialists

Rancho Family Medical Group has partnered with Regal Medical Group as our IPA (Independent Physicians Association), a prominent medical group in Southern California for over 35 years. Our partnership guarantees premier healthcare for our patients to access local specialists, hospitals, and insurance companies.

Regal Medical Group



You can see any of our providers at any location!

Care Made Simple

At Rancho Family Medical Group, we believe exceptional care should be easy to access. That's why we offer a variety of ways to fit healthcare into your schedule—whether you need care today, prefer to connect from home, or want to plan ahead.

Online Scheduling

With our secure online scheduling, you can book appointments 24/7 on your own time.

Skip the wait! Schedule your visit in seconds.







Join Rancho Family Appointment Waitlist

Need to be seen sooner? Join our Waitlist. If an earlier appointment opens up, you'll automatically get a text or email offering you the slot—so you can get care as quickly as possible.

Telehealth Visits

Sometimes, you don't need to leave home to see your doctor. Rancho Family Medical Group offers secure video visits for many types of care, including:

- Follow-up appointments
- Medication refills
- Minor illnesses
- Chronic condition management

Same-Day Urgent Care Access

When you have an urgent concern that can't wait for a routine appointment, we partner with iCare Urgent Care for same-day care.



Extended Hours & Walk-In Visits

(951) 878-9820

icareuc.com

Commercial HMO & PPO Plans

We accept all PPO plans, including Tri-Care, if we are in network with your provider.

Here are some of the major insurances we accept:



















Our Locations & Providers



A. Sun City 27190 Sun City Blvd. Sun City, CA 92586

951.723.3804

Providers:

Dr. Irene Kim Dr. Christine Hermiz Dr. Susan Behnawa Charles Asamaphand, PA Ruth Toussaint, NP



B. Hemet

3853 W. Stetson Ave, Ste. 200 Hemet, CA 92545 **951.225.6802**

Providers:

Dr. Matthew Im Dr. Sonali Mondkar Dr. Brittany Tilson Dr. Steven Ching Ana Diaz, NP Audrey Bell, NP



C. Wildomar

23823 Clinton Keith Rd, Ste. 102

Wildomar, CA 92595 **951.414.8280**

Providers:

Dr. Rome Walter Dr. Anh Brewer Desirae Segura, NP



D. Menifee

29791 Haun Rd, Ste. 100 Menifee, 92586 **951.723.3800**

Providers:

Dr. Anthony Gallegos
Dr. Ellie Tan
Dr. Eric Madrid
Dr. Rolando Gutierrez
Dr. Nicole Tfaye
Dr. Matthew Lee
Evelyn Valencia, PA
Rebekah Tolopilo, PA
Reed Bovee, PA
Evelyn Kelley, NP

Greg Korzeniowski, NP



E. Cal Oaks

41011 California Oaks Rd, #103 Murrieta, CA 92562 **951.225.6287**

Providers:

Dr. Mark Mueller Dr. Stacey Bernardo Todd Baca, NP Audrey Joyner, NP



F. Hot Springs

38860 Sky Canyon Dr, Bldg. A Murrieta, CA 92563 **951.225.6276**

Providers:

Dr. James Sotis Susan Lee, PA Courtney Assumma, PA



G. Pediatrics

41238 Margarita Rd, Ste. 106 Temecula, CA 92591 **951.506.9392**

Providers:

Dr. Jordan Smith Dr. Justin Salehi



H. Makena

31150 Temecula Parkway, Ste. 200 Temecula, CA 92592 **951.225.6827**

Providers:

Dr. Maisara Rahman Dr. Nichelle Blosser Dr. Michelle Uttaburanont Amanda Vanscoy, NP Michelle Etesami, NP



I. Single Oak

28780 Single Oak Dr. Ste. 160 Temecula, CA 92590 **951.252.8650**

331.232.0030

Providers:

Dr. Eric Neilson

Dr. Pamela Simmons

Dr. Tae Im

Dr. Cristina Bailey

Dr. Nermeen Akladeos

Dr. Alethea Poste

Dr. Jerry Hizon

Dr. Jordan Smith

Dr. Timothy Elfelt

Amber Holden, PA

Reed Bovee, PA

Deborah Layton, NP

Gabrielle Green, NP

Jason Hamilton, NP



J. Redhawk 951.414.8240

31720 Temecula Pkwy, Ste. 100

Temecula, CA 92592

Providers:

Dr. Kyle Vincent Anisha Patel, NP

Urgent Care 951.225.6838

31720 Temecula Pkwy, Ste. 100

Temecula, CA 92592

Providers:

Ernest Stock, PA Daniel Nuñez, PA



K. Fallbrook

521 E. Elder St. #105 Fallbrook, CA 92028 **760.728.8344**

Providers:

Dr. Brandon Miller Dr. Anna Miller Mary Steinhoff, NP

Coming Soon!



L. Winchester

30772 Benton Rd, Ste. 01 Winchester, CA 92596

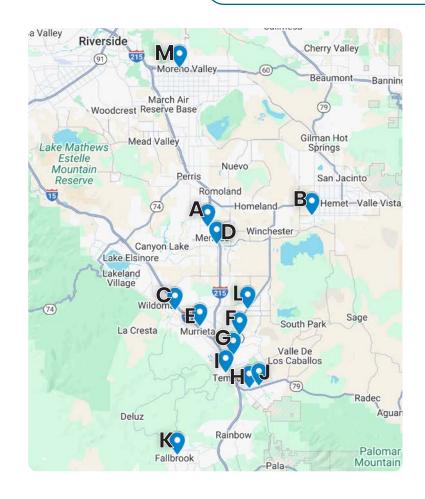
Provider:

Dr. Jennifer Boozer



M. Moreno Valley

24119 Hemlock Ave, Ste. 104 Moreno Valley, CA 92557



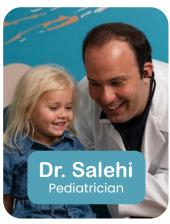
ranchofamilymed.com



Trusted Pediatrician

Close to Home • Temecula, CA





Hi, I'm Koko!
Your healthcare guide in the office and online!



You can now schedule appointments online!

ranchopediatrics.com

41238 Margarita Rd #106 Temecula, CA 92591

951.506.9392

Step Into a World of Adventure

At Rancho Family Pediatrics, each visit takes your family on a journey. With globally themed rooms and a focus on fun, learning, and discovery, we make pediatric care exciting for kids and reassuring for parents. Our expert team helps you track your child's health and milestones every step of the way—making us Temecula's go-to clinic for care and adventure.







Dr. Matthew Im

FAMILY PHYSICIAN

Medical Degree & Residency Loma Linda University

Outside the clinic, Dr. Im enjoys baseball as a San Diego Padres fan, exploring new coffee and food spots, and staying active through sports like basketball, pickleball, and softball. He also has a passion for photography and videography.





ranchofamilymed.com/hemet-aep/

Hemet
Featured Providers

3853 W. Stetson Ave. Ste. 200 Hemet, CA 92545

Appointment line: **951.225.6802**

Dr. Matthew Im Dr. Sonali Mondkar Dr. Brittany Tilson Dr. Steven Ching Ana Diaz, NP Audrey Bell, NP

Dr. Brittany Tilson

FAMILY PHYSICIAN



Medical Degree

Loma Linda University, School of Medicine

Residency

Loma Linda University Medical Center - Murrieta

Outside of the clinic, Dr. Tilson enjoys exploring the great outdoors—whether hiking, running, camping, fishing, or gardening.



ranchofamilymed.com/hemet-aep/

Hemet
Featured Providers

3853 W. Stetson Ave. Ste. 200 Hemet, CA 92545

Appointment line: **951.225.6802**

Dr. Matthew Im Dr. Sonali Mondkar Dr. Brittany Tilson Dr. Steven Ching Ana Diaz, NP Audrey Bell, NP

Dr. Sonali Mondkar

FAMILY PHYSICIAN

Medical Degree

American University of Antigua College of Medicine

Residency

UHS SoCal MEC at Temecula Valley Hospital

Outside of the clinic,
Dr. Mondkar enjoys
gardening, diving into
a good book—fiction
or non-fiction—and
cooking. She also
enjoys spending time
outdoors, exploring
local parks and
relaxing at the beach

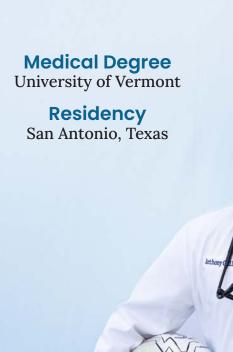
with her husky.



Become a patient!
Call today! 951.430.4973

Dr. Anthony Gallegos

FAMILY PHYSICIAN



Speaks English & Spanish

Outside of the clinic,
Dr. Gallegos is a proud
husband and father of
two girls, a lifelong sports
fan, and someone who
believes in practicing what
he preaches—staying
active, staying grounded,
and always learning.



ranchofamilymed.com/menifee-aep/

Menifee
Featured Providers

29791 Haun Rd, Ste. 100 Menifee, 92586

Appointment line: **951.723.3800**

Dr. Anthony Gallegos
Dr. Ellie Tan
Dr. Eric Madrid
Dr. Rolando Gutierrez
Dr. Nicole Tfaye
Dr. Matthew Lee

Dr. Ellie Tan

FAMILY PHYSICIAN



Evelyn Valencia, PA Rebekah Tolopilo, PA Reed Bovee, PA Evelyn Kelley, NP Greg Korzeniowski, NP

Become a patient!
Call today! 951.430.4973

Dr. Nicole Tfaye

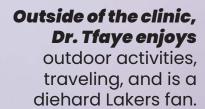
FAMILY PHYSICIAN

Medical Degree

Arizona College of Osteopathic Medicine and Loma Linda University

Residency

Loma Linda University Medical Center - Murrieta







ranchofamilymed.com/menifee-aep/

Menifee **Featured Providers** 29791 Haun Rd, Ste. 100 Menifee, 92586

Appointment line: **951.723.3800**

Dr. Anthony Gallegos Dr. Ellie Tan Dr. Eric Madrid Dr. Rolando Gutierrez Dr. Nicole Tfaye Dr. Matthew Lee

Dr. Matthew Lee

INTERNIST

Medical Degree
Medical school in Virginia

Residency

Loma Linda University Medical Center - Murrieta

Outside the clinic, Dr.
Lee leads by example,
embracing a healthy and
active lifestyle. He enjoys
weightlifting, staying
active, and cherishing
time with his family.He is
also an active member
of his church community,
where he continues to
serve others.



Evelyn Valencia, PA Rebekah Tolopilo, PA Reed Bovee, PA Evelyn Kelley, NP Greg Korzeniowski, NP

Become a patient!
Call today! 951.430.4973

Dr. Anh Brewer

FAMILY PHYSICIAN



Wildomar

Featured Provider

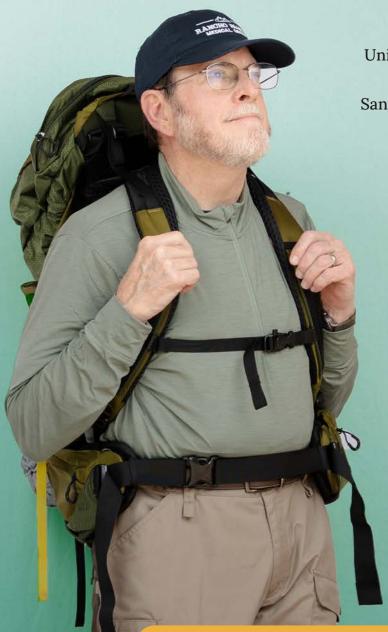
23823 Clinton Keith Rd, Ste. 102 Wildomar, CA 92595

Appointment line: **951.414.8280**

Dr. Rome Walter Dr. Anh Brewer Desirae Segura, NP

Dr. Mark Mueller

FAMILY PHYSICIAN



Medical Degree University of California, Irvine

Residency

Santa Barbara Cottage Hospital

Outside the clinic, Dr. Mueller enjoys hiking, swimming, Pilates, as well as music and woodworking.

ranchofamilymed.com/caloaks-aep/



Cal Oaks

Featured Provider

41011 California Oaks Rd, #103 Murrieta, CA 92562

Appointment line: **951.225.6287**

Dr. Mark Mueller Dr. Stacey Bernardo Todd Baca, NP Audrey Joyner, NP

Dr. Jerry Hizon

FAMILY PHYSICIAN



University of California, San Diego School of Medicine

Residency

UC Irvine Medical Center

Outside the office. Dr. Hizon stays active through biking, playing Pickleball, and practicing Pilates.





ranchofamilymed.com/singleoak-aep/

Single Oak **Featured Providers**

28780 Single Oak Dr. Ste. 160 Temecula, CA 92590

Appointment line: **951.252.8650**

Dr. Eric Neilson Dr. Pamela Simmons Dr. Tae Im Dr. Cristina Bailey Dr. Nermeen Akladeos Dr. Alethea Poste

Dr. Alethea Poste

FAMILY PHYSICIAN

Speaks English, Spanish & Italian

Medical Degree

Universidad Autónoma de Guadalajara School of Medicine and New York Medical College

Residency

Mercy Health, Family Medicine Residency Program in Janesville, WI



Dr. Jerry Hizon Dr. Timothy Elfelt Amber Holden, PA Reed Bovee, PA Deborah Layton, NP Gabrielle Green, NP Jason Hamilton, NP

Become a patient!
Call today! 951.430.4973

Dr. Eric Neilson

FAMILY PHYSICIAN

Medical Degree

Ross University School of Medicine in Dominica

Residency Los Angeles, CA

Outside the office,
Dr. Neilson stays
active with his
child, exploring the
outdoors through
hiking, and traveling
to new places.

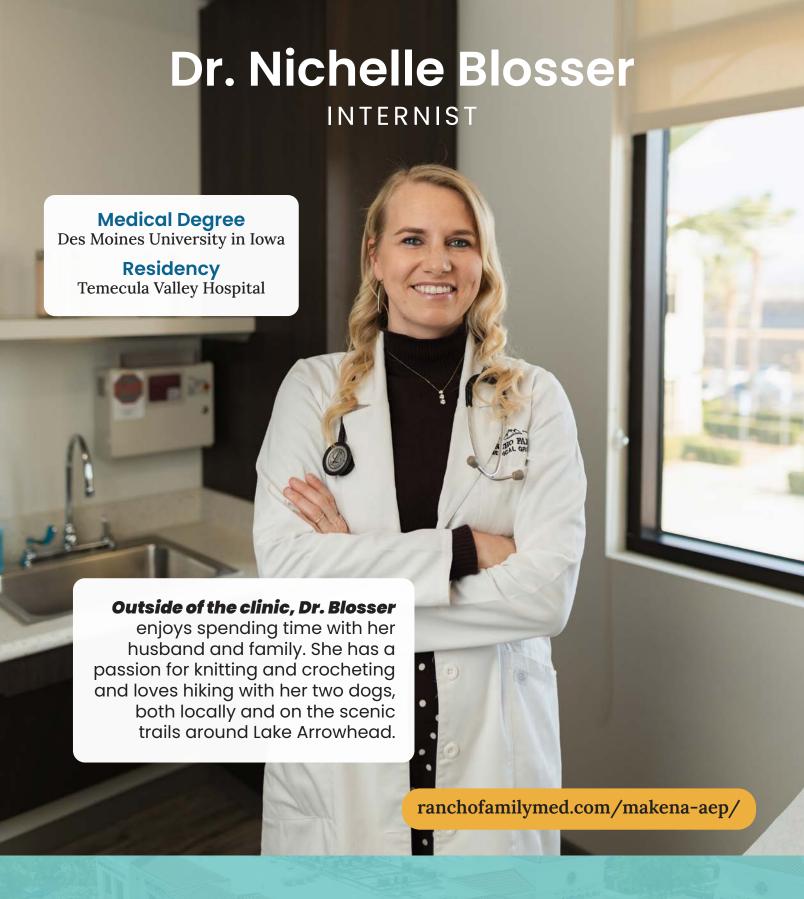


ranchofamilymed.com/singleoakaep

Single Oak
Featured Providers

28780 Single Oak Dr. Ste. 160 Temecula, CA 92590

Appointment line: **951.252.8650**



Makena Featured Provider 31150 Temecula Parkway, Ste. 200 Temecula, CA 92592

Appointment line: **951.225.6827**

Dr. Maisara Rahman Dr. Nichelle Blosser Dr. Michelle Uttaburanont Amanda Vanscoy, NP Michelle Etesami, NP

Dr. Jennifer Boozer

FAMILY PHYSICIAN



Winchester

Featured Provider

Coming Soon!

30772 Benton Rd, Ste. 01 Winchester, CA 92596

Dr. Christine Hermiz

FAMILY PHYSICIAN



Medical Degree
Michigan State University

Residency McLaren Oakland Hospital in Pontiac, Michigan

Outside the clinic, Dr. Hermiz enjoys spending time outdoors with her family, walking her dog, and going on runs.

ranchofamilymed.com/suncity-aep/



27190 Sun City Blvd. Sun City, CA 92586

Appointment line: **951.723.3804**

Dr. Irene Kim Dr. Christine Hermiz Dr. Susan Behnawa Charles Asamaphand, PA Ruth Toussaint, NP

Free Medicare Seminar!

Find out about the upcoming Medicare changes for 2026 and ENJOY SNACKS OR PICK UP A WHOLE PIE at no obligation to you!



Medicare's Annual Enrollment Period runs October 15 through December 7. You can switch health plans during that time! We will never steer or lead you to any one plan.

A&B Insurance Services are a team of local independent insurance agents who specialize in Medicare. We understand that everyone has different health and budgetary needs and one plan does not fit all. We give you the power to compare and the freedom to choose the plan that's right for YOU.

There will be NO enrollments or sales at this seminar, so leave your checkbook at home.



Cesar Garcia CA Lic#0M97490 CA Lic#0H55045 951.440.9242

Rachel Brown 760.519.3740

Bradley Massey CA Lic#0L86250 760.815.6827

Here's what we will discuss before deciding on which plan is right for you:

- Enrollment Periods Timelines, penalties, and other types of coverage
- Medicare Supplement Insurance Plans (Medigap) what they cover
- Medicare Prescription Drug Plans (Part D) Understanding the rules and terminology
- Medicare Advantage Plans (Part C) An alternative plan for coordinated care
- Changes to Medicare for 2026 see how the changes may impact you!

Choosing a Medicare plan that best fits your needs is one of the most important decisions you will make. You should be educated about all of these rules before you make these decisions. Your mail is probably stacking up with advertisements about Medicare plans.

Let's see what we can do! Join us for an event or call to request your personal appointment.

This event is for educational purposes only, no plan benefit information will be shared. Free snack or whole pie with no obligation to enroll. For accommodation of persons with special needs and meetings, call (760)519-3740, TTY 711. By calling the number above, you will be directed to a licensed insurance agent.

Join us at an educational seminar near you!

As Licensed Insurance Agents, we are here to assist you in making Medicare easy to understand. We will talk about the upcoming changes for 2026 at the location below. Let us help you determine which plan might be best for your needs. We represent Medicare Advantage (HMO and PPO) plans, Part D (Prescription Drug plans), and Medi-Gap plans in your area.

Reserve your spot & ENJOY (888) 242–1086 SNACKS OR A WHOLE PIE! TTY 711, 24hrs/7days a week

OCTOBER - DECEMBER PRESENTATIONS:

Annual Election Meetings (AEP)

Be sure to RSVP to reserve your **COMPLIMENTARY SNACK!**

BROKEN YOLK CAFÉ

26495 Ynez Rd. Temecula, CA 92591 Monday **OCT 20** 10:00 AM

Monday **OCT 27** 10:00 AM Monday NOV 3 10:00 AM Monday **NOV 10** 10:00 AM Monday **NOV 17** 10:00 AM

BLACK BEAR DINER

27990 Bradley Rd. Sun City, 92586 Tuesday **OCT 21** 10:00 AM Tuesday
OCT 28
10:00 AM

NOV 4 10:00 AM NOV 11 10:00 AM Tuesday **NOV 18** 10:00 AM

RICHIE'S DINER

40651 Murrieta Hot Springs Rd. Murrieta, CA 92562 Thursday
OCT 23
10:00 AM

Thursday OCT 30 10:00 AM Thursday NOV 6 10:00 AM NOV 13 10:00 AM

Be sure to RSVP to reserve your **FREE WHOLE PIE!**

DENNY'S 713 S Main Ave. Fallbrook, CA 92028 Monday **OCT 20** 10:00 AM Monday OCT 27 10:00 AM

Monday NOV 3 10:00 AM Monday **NOV 10** 10:00 AM Monday **NOV 17** 10:00 AM Monday NOV 24 10:00 AM Monday
DEC 1
10:00 AM

RANCHO FAMILY SENIOR CENTER Sun City

27190 Sun City Blvd. Sun City, 92586 Wednesday
OCT 15
10:00 AM

Wednesday OCT 22 10:00 AM Wednesday
OCT 29
10:00 AM

Wednesday NOV 5 10:00 AM Wednesday NOV 12 10:00 AM Wednesday NOV 19 10:00 AM

RANCHO FAMILY SENIOR CENTER Hemet

3853 W. Stetson Ave. Hemet, 92545 Friday **OCT 17** 10:00 AM Friday **OCT 24** 10:00 AM Friday NOV 7 10:00 AM Friday **NOV 14** 10:00 AM Friday **NOV 21** 10:00 AM

Free snack or whole pie at no obligation to enroll. These events are for educational purposes only, no plan benefit information will be shared. For accommodation of persons with special needs at meetings, please call (760) 519–3740, TTY 711 M-F, 9am-5pm PST. By calling the number above, you will be directed to a licensed insurance agent.



Your Guide to Medicare Made Easy

Every Thursday starting Oct 2 - Dec 4 at 10 AM

Have questions about Medicare? Join Nency Gonzalez, a trusted Medicare broker with 15 years serving Rancho Family Medical Group, for guidance and support this annual election period.



Rancho Family Medical Group

27190 Sun City Blvd. Sun City, CA 92586

Ask me about the following options:







Review Current Coverage



Prescription Drug Plans



Enrollment & Deadlines



Can't make it? I'm just a call away.



Nency Gonzalez, Independent Agent (951) 850 - 9052 ngonzalez@finally65.com CA Lic #0110739 Hablo español

"Meet the Doctor" Dates

Call to RSVP: 951,430,4973



Wednesday, Oct. 15 Dr. Christine Hermiz Senior Center Sun City 27190 Sun City Blvd. Sun City, 92586





Tuesday, Oct. 28 Dr. Anthony Gallegos Dr. Ellie Tan Menifee Office Waiting Room 29791 Haun Rd

Menifee, CA 92586



Tuesday, Oct. 21 Dr. Matthew Lee Dr. Nicole Tfaye Menifee Office Waiting Room 29791 Haun Rd Menifee, CA 92586



Wednesday, Oct. 29 Dr. Mark Mueller Dr. Anh Brewer Wildomar Office 23823 Clinton Keith Rd. Ste. 102 Wildomar, CA 92595



Thursday, Oct. 23 Dr. Brittany Tilson Dr. Sonali Mondkar Senior Center Hemet 3853 W. Stetson Ave. Hemet, 92545



Tuesday, Nov. 4 Dr. Alethea Poste Single Oak Office 28780 Single Oak Dr, Ste. 160 Temecula, CA 92590

"Meet the Doctor" Events

FIND THE RIGHT DOCTOR FOR YOU

Join us at Rancho Family Medical Group for our exclusive "Meet the Doctor" events!

This unique opportunity allows you to meet your potential doctor before you even become a patient. We believe that confidence and comfort are key to a successful doctor-patient relationship, and this event is designed to help you find the perfect match for your healthcare needs.

FREE Catered Meal

Here's What You Can Look Forward To at Our Event:

- Meet our doctors and ask questions about their specialties
- Discover how we care for the whole family—from kids to seniors while supporting your overall health and wellness journey
- See why thousands of families trust Rancho Family Medical Group with their care

Why Attend?

Your healthcare journey should begin with trust and peace of mind. At Rancho Family Medical Group, we want you to feel confident that you've found the right partner in health.

Save Your Spot, Limited Seating!

Call to RSVP: **951.430.4973**



The first 25 people to RSVP will receive a FREE First Aid Kit!

*Must RSVP to qualify

ranchofamilymed.com/meet-the-doctor/



Join us for our next Meet the Doctor event!

Want to meet one of our doctors before making an appointment?
Give us a call for more information.

ranchofamilymed.com/meet-the-doctor/

Call our Senior
Medicare Support
Team to find the
right doctor for you!

951.430.4973

ranchofamilymed.com

