



Your Health, Our Priority

Meet the Top Primary Care Physicians in Chula Vista!



• Focus on Preventative Health & Wellness

Easy Access to Appointments& Follow-Up Care





Accepting New Patients!
Call today! 619.910.2265





Interested in becoming a patient at Padilla or SouthBay?

Did you know you can switch your doctor any time of the year?



We can help with:

- Switching your doctor
- Complications with your care
- Insurance and specialist questions
- And more!

Call our team directly! **619.910.2265**

Benefits of becoming a patient:

Medicare Experts

We have trusted local experts to guide you in choosing the right plan for your individual needs. A Broker can offer you a personalized review of the plans that you are interested in and even help you to enroll, all at no cost to you.

More Available Appointments

Nurse Practitioners & Physician Associates have specialized training in:

- Diagnosis and treatment
- Medical history updates
- Lab and diagnostic test orders
- Result analysis
- Treatment plans
- Patient education
- Referrals
- And more!



Building a healthier community, one patient at a time since 2000!

We specialize in Family Medicine.





Padilla Family Medicine

263 Church Ave. Chula Vista, CA 91910

Appointment Line: **619.422.1324**

padillamd.com

Here are some major insurances that we accept!

If you don't see your insurance please call us for assistance. 619.910.2265





















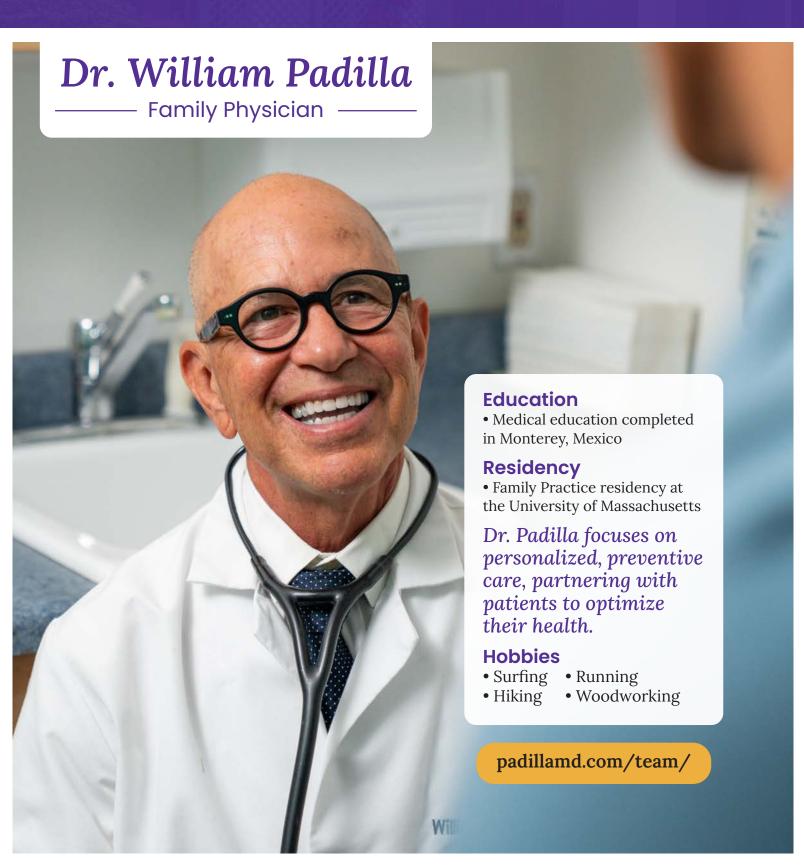
We accept Medicare!

Call our Patient Relations Team, and they can help you with everything!

Call our PR team for questions! 619.910.2265

Padilla Providers

263 Church Ave. Chula Vista, CA 91910 Appointment line: **619.422.1324**



Book an appointment! Call today! 619.422.1324





Education

• Master of Physician Assistant Studies, George Washington University in Washington, D.C.

Hobbies

- Staying active outdoors
- Volleyball
- Pickleball



SouthBay Geriatrics & Internal Medicine

Trusted Geriatric Care Since 2007

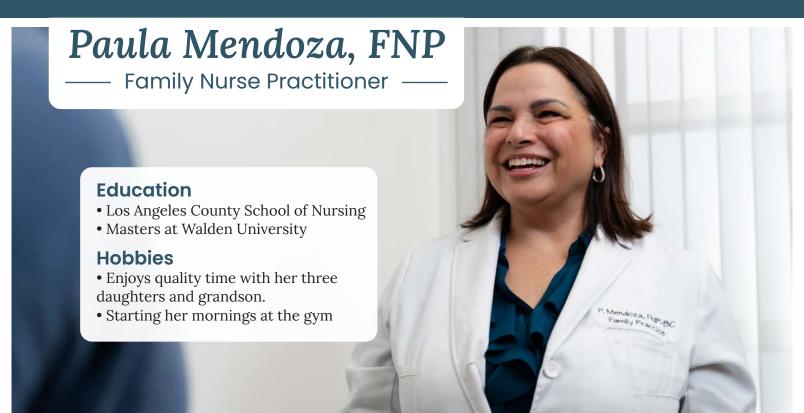
SouthBay Geriatrics in Chula Vista specializes in senior-focused healthcare, providing compassionate and expert care tailored to the unique needs of older adults. Our dedicated team takes an individualized approach to ensure every patient receives personalized attention and treatment. With a commitment to enhancing quality of life, SouthBay Geriatrics is a trusted partner in promoting health and well-being for seniors in the community.

southbaygeriatrics.com

We accept all major Medicare insurances!

Call our Patient Relations Team, and they can help you with everything!

Call our PR team for questions! 619.910.2265



SouthBay Providers

340 4th Avenue, Suite 9 Chula Vista, CA 91910 Appointment line: **619.426.9731**

Dr. Mushrik Kaisey

- Adult/Geriatric Medicine

Education

• Medical School: College of Medicine, Baghdad University (Graduated in 1976 with M.B., Ch.B., MD)

Residency & Fellowships

- Resident/Fellow in Geriatrics and Internal Medicine: South Cleveland Hospital, England
- Internal Medicine Residency: University of Pennsylvania Medical Center, Philadelphia
- Fellowship in Geriatric Medicine Temple University, Philadelphia
- Fellow of the American College of Physicians

Board Certified

- Internal Medicine
- Geriatric Medicine
- Palliative Care Medicine

Member of the Royal College of Physicians of Ireland

Voluntary Assistant Professor at UCSD School of Medicine

Hobbies

- Reading, especially history
- Tennis



Book an appointment!
Call today! 619.426.9731





