

*Find local
doctors inside
like Dr. Padilla!*



Primary Care You Deserve

*Learn How to
Find the Right
Doctor For You!*

Call today!
619.910.2265

padillamd.com

Dr. William Padilla

Building a healthier community, one patient at a time Since 2000

It's Open Enrollment & Time to Review Your Medicare Plan

AEP (Annual Enrollment Period): October 15 – December 7

1. What is AEP?

Medicare's Annual Enrollment Period is from October 15 to December 7. It's your chance to review or change your Medicare Advantage plan for 2026.

2. Why It's Important?

Plans change yearly—benefits, provider networks, and costs. This is your opportunity to make sure your plan still works for you.

3. How We Can Help?

Can connect you with licensed Medicare Brokers to explore your options.

- **Know your benefits**
- **Call us for plan-friendly info**
- **Make changes before December 7**

How to Use This Magazine to Find the Right Doctor for You!

Choosing a provider is personal—here's how to make the best choice for your care:

1. Think about what matters most to you.

Do you value preventive care? Easy communication? Treatment options? Short wait times? Take a moment to consider what's most important for your health journey.

2. Decide how far you want to travel.

Padilla Family Medicine is located in Chula Vista.

3. Explore our providers.

- Learn where our providers trained in this magazine
- Visit our website to watch short intro videos about each provider
- Get a feel for their approach and personality

Have questions?

We're here to help.

Our Senior Medicare Support Team is here to guide you.

padillamd.com

619.910.2265

Senior Medicare Support Team

Helping Seniors 65+ Navigate Their Healthcare with Ease.

Navigating healthcare can feel overwhelming, but you don't have to do it alone. Our friendly Senior Medicare Support Team is just a call away to guide you through every step.



Call us today!
619.910.2265

Available Monday-Friday, 8 AM - 5 PM

Our Team Can Help With:

- Switching to a Padilla Family Medicine doctor.
- Resolving complications with your care.
- Answering insurance and specialist questions.

What You Can Expect:

- No phone tree, just direct phone lines.
- Help with everything related to your care.
- Guidance to ensure seamless, personalized care.

We accept Medicare!

No matter your insurance, our team works with you to simplify the process.

Here are some of the major insurances we accept:





Building a healthier community, one patient at a time Since 2000



We specialize in Family Medicine.

More Available Appointments

Nurse Practitioners & Physician Assistants have specialized training in:

- Diagnosis and treatment
- Medical history updates
- Lab and diagnostic test orders
- Result analysis
- Treatment plans
- Patient education
- Referrals
- And more!

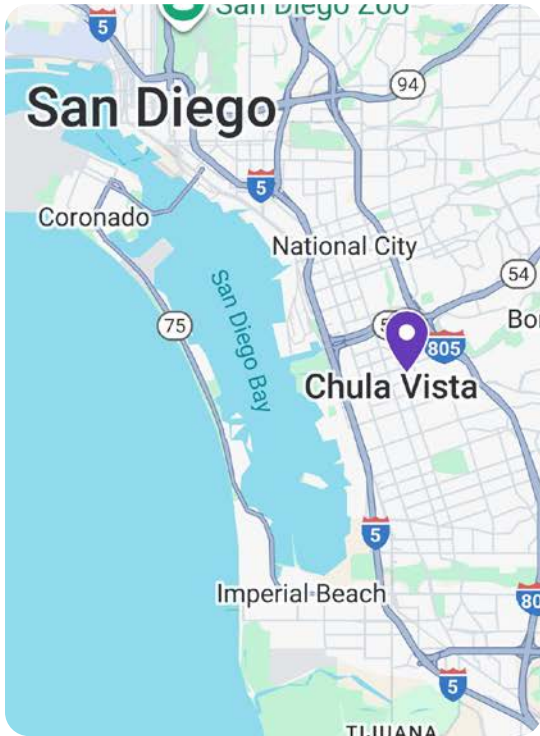
Medicare Experts

We have trusted local experts to guide you in choosing the right plan for your individual needs. A Broker can offer you a personalized review of the plans that you are interested in and even help you to enroll, all at no cost to you. *See page 11 for more information*

padillamd.com/senior-care/



Our Location & Providers



Padilla Family Medicine

263 Church Ave.
Chula Vista, CA 91910

Appointment Line:
619.422.1324



Dr. Padilla



Krystal Lin, PA



**Kathleen
Pamilagas, PA**



**Jasmine
Ruiz, NP**



**Michael
Corbin, NP**

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Padilla

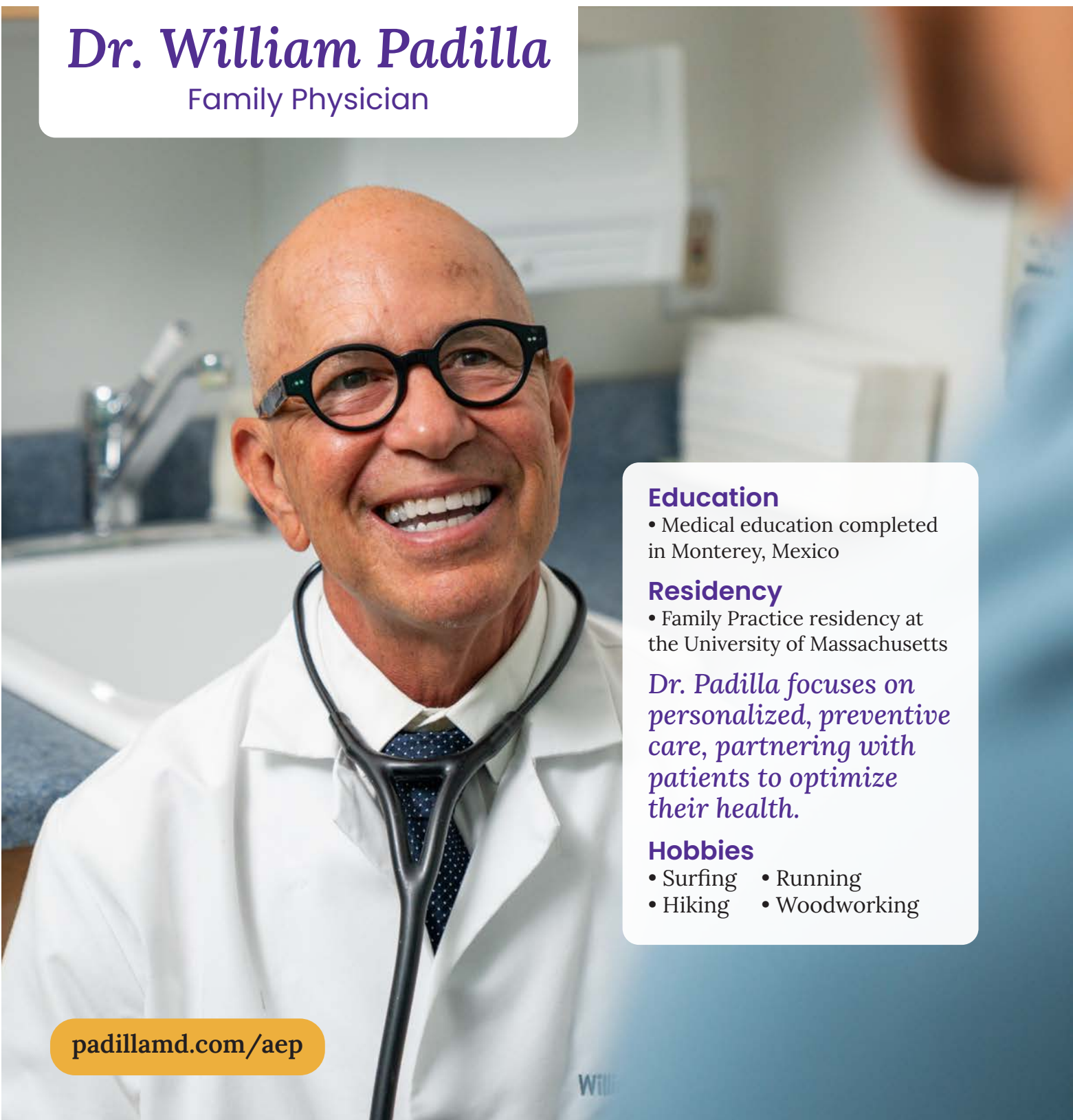
Providers

263 Church Ave.
Chula Vista, CA 91910

Appointment line:
619.422.1324

Dr. William Padilla

Family Physician



Education

- Medical education completed in Monterey, Mexico

Residency

- Family Practice residency at the University of Massachusetts

Dr. Padilla focuses on personalized, preventive care, partnering with patients to optimize their health.

Hobbies

- Surfing
- Running
- Hiking
- Woodworking

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Book an appointment!
Call today! 619.422.1324

Jasmine Ruiz, NP

Nurse Practitioner

Education

- Bachelor's and Master's degrees in Nursing (MSN) from Chamberlain University

Hobbies

- Exploring farmer's markets
- Relaxing by the beach
- Volleyball



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Providers

263 Church Ave.
Chula Vista, CA 91910

Appointment line:
619.422.1324

Krystal Lin, PA

Physician Associate

Education

- Master of Physician Assistant Studies, George Washington University in Washington, D.C.

Hobbies

- Staying active outdoors
- Volleyball
- Pickleball



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Book an appointment!
Call today! 619.422.1324

Michael Corbin, NP

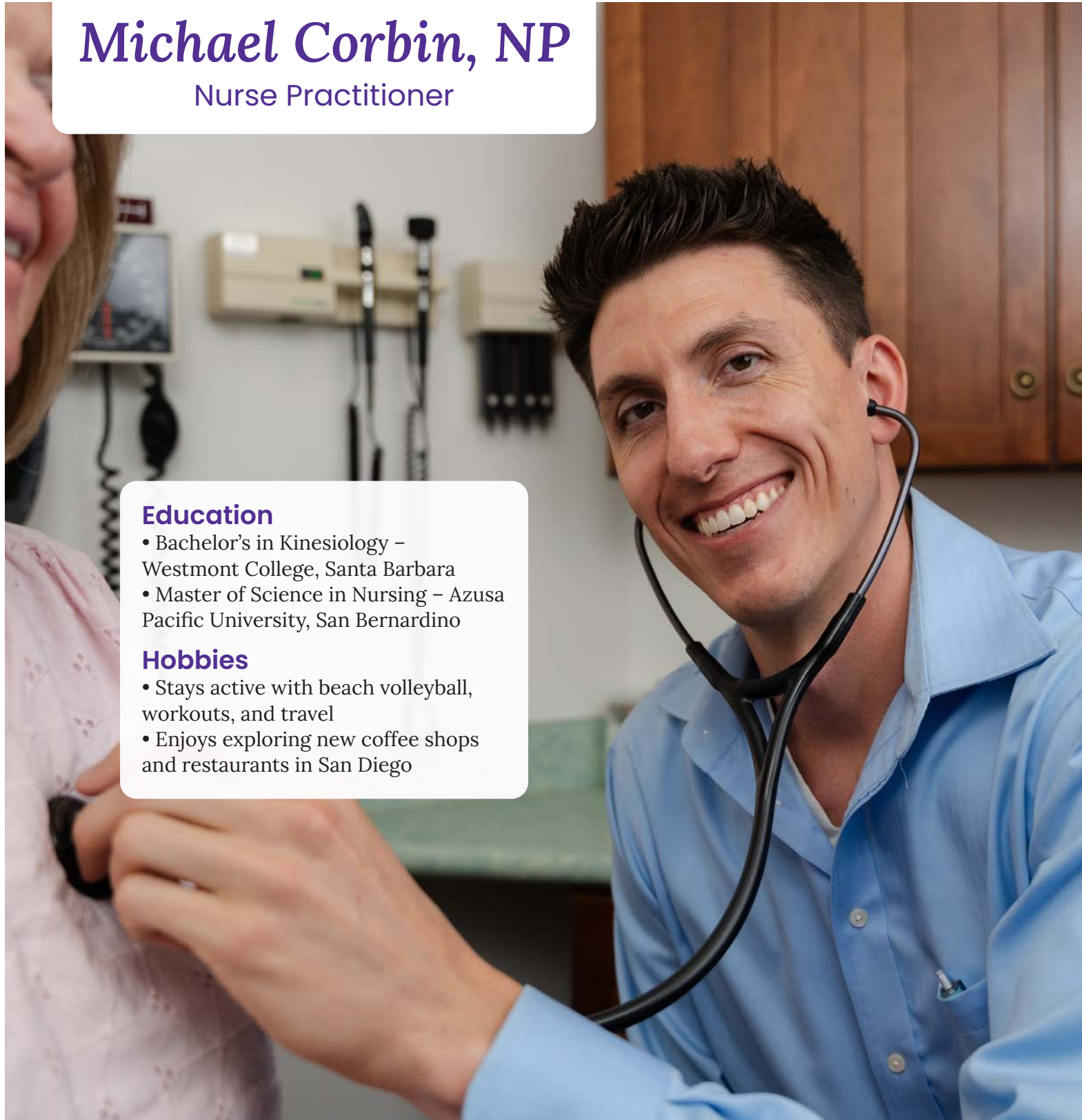
Nurse Practitioner

Education

- Bachelor's in Kinesiology – Westmont College, Santa Barbara
- Master of Science in Nursing – Azusa Pacific University, San Bernardino

Hobbies

- Stays active with beach volleyball, workouts, and travel
- Enjoys exploring new coffee shops and restaurants in San Diego



Padilla

Providers

263 Church Ave.
Chula Vista, CA 91910

Appointment line:
619.422.1324

Kathleen Pamilag, PA

Physician Associate

Education

- Bachelor's in Physiology – UCLA
- Master's in Physician Assistant Studies – South College, Nashville

Hobbies

- Loves staying active: tennis, hiking, and outdoor activities
- Enjoys trying new restaurants, baking cookies, and attending live concerts

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As your partner in healthcare, Dr. William Padilla is dedicated to providing comprehensive care and helping patients achieve optimal health and wellness. Beyond managing prescriptions and illnesses, we want to ensure you have the best possible insurance to cover your needs. Medicare is NOT a one size fits all, and we want our patients to utilize the free licensed insurance broker services.

CALL: (619) 422-1324 FOR MORE INFO!



**Free Whole Pie
for Attending!**



JOIN US IN "THE LINKS" ROOM

4475 Bonita Road, Bonita, CA 91902

Join us at a seminar near you, a local licensed insurance agent will review the changes in Medicare for 2026. This meeting will be conducted in English by a bilingual insurance agent. The licensed insurance agent will be available afterwards to answer questions and provide additional information in Spanish, up request.

**OCTOBER
7TH & 21ST**

**11:00 AM
& 1:00 PM**

RESERVE YOUR SEMINAR DATE OR SCHEDULE YOUR NO-COST CONSULTATION!

Call our Senior
Medicare Support
Team to find the
right doctor for you!

619.910.2265

padillamd.com



Oct. 2025

Jasmine Ruiz, NP



 **SCAN ME**