

PRIMARY MEDICAL

Primary Care Physicians



**Meet Your Local
Oxnard Physicians!**

Dr. Simpson
Family Physician

Discover How We're Transforming Patient Care!

- Accepting New Patients
- Quality Senior Care
- All Medicare Accepted
- Preventive Care Approach

**Call to learn more!
805.702.8337**

PRIMARY MEDICAL

Trusted Primary Care Since 1994

7 Offices

25+ Providers

Primary Medical Group is dedicated to helping patients achieve and maintain optimal health!

Specialized in Senior Healthcare

To learn more call us!
805.702.8337

Patient Relations Team

Our senior concierge team assists incoming senior patients (65+) and remains accessible throughout your care, ready to address inquiries regarding doctor changes and insurance concerns.

More Available Appointments

Nurse Practitioners & Physician Assistants have specialized training in:

- Diagnosis and treatment
- Medical history updates
- Lab and diagnostic test orders
- Result analysis
- Treatment plans
- Patient education
- Referrals
- And more!

Medicare Experts

We have trusted local experts to guide you in choosing the right plan for your individual needs. A Broker can offer you a personalized review of the plans that you are interested in and even help you to enroll, all at no cost to you.

primarymedical.net/senior-care/



We're Here for You Every Step of the Way!

Helping Seniors 65+ Navigate Their Healthcare with Ease.

Navigating healthcare can feel overwhelming, but you don't have to do it alone. Our friendly Patient Relations Team is just a call away to guide you through every step.



Call us today!
805.702.8337

Available Monday–Friday, 8 AM – 5 PM

Our Team Can Help With:

- Switching to a Primary Medical Group doctor.
- Resolving complications with your care.
- Answering insurance and specialist questions.

What You Can Expect:

- A dedicated point person for any issues you have.
- Help with everything related to your care.
- Guidance to ensure seamless, personalized care.

We accept Medicare!

No matter your insurance, our team works with you to simplify the process.

Here are some of the major insurances we accept:





Oxnard Office

1751 Lombard #A
Oxnard, CA 93030

Office Number
805.981.9111



Dr. Greg Ruelas
Family Physician



Dr. Kavitha Simpson
Family Physician



Dr. Flor Mounts
Family Physician



Marady Mesa
Physician Assistant



Nicolas DeJong
Physician Assistant



Sue Houx
Nurse Practitioner

Dr. Kavitha Simpson

FAMILY PHYSICIAN



Medical Degree

Western University

Residency

Ventura County Medical Center

Hometown

Ojai, CA



Dr. Simpson specializes in primary care, pediatrics, and women's health. She is passionate about making complex medical issues understandable and providing whole-person care.

Accepting new patients!

primarymedical.net/kavitha-simpson/

805.702.8337

Dr. Flor Mounts

FAMILY PHYSICIAN



Medical Degree

The University of California,
San Diego School of Medicine

Residency

Cascades East Family Medicine
Residency, with OHSU

Home State

Southern California

Languages Spoken

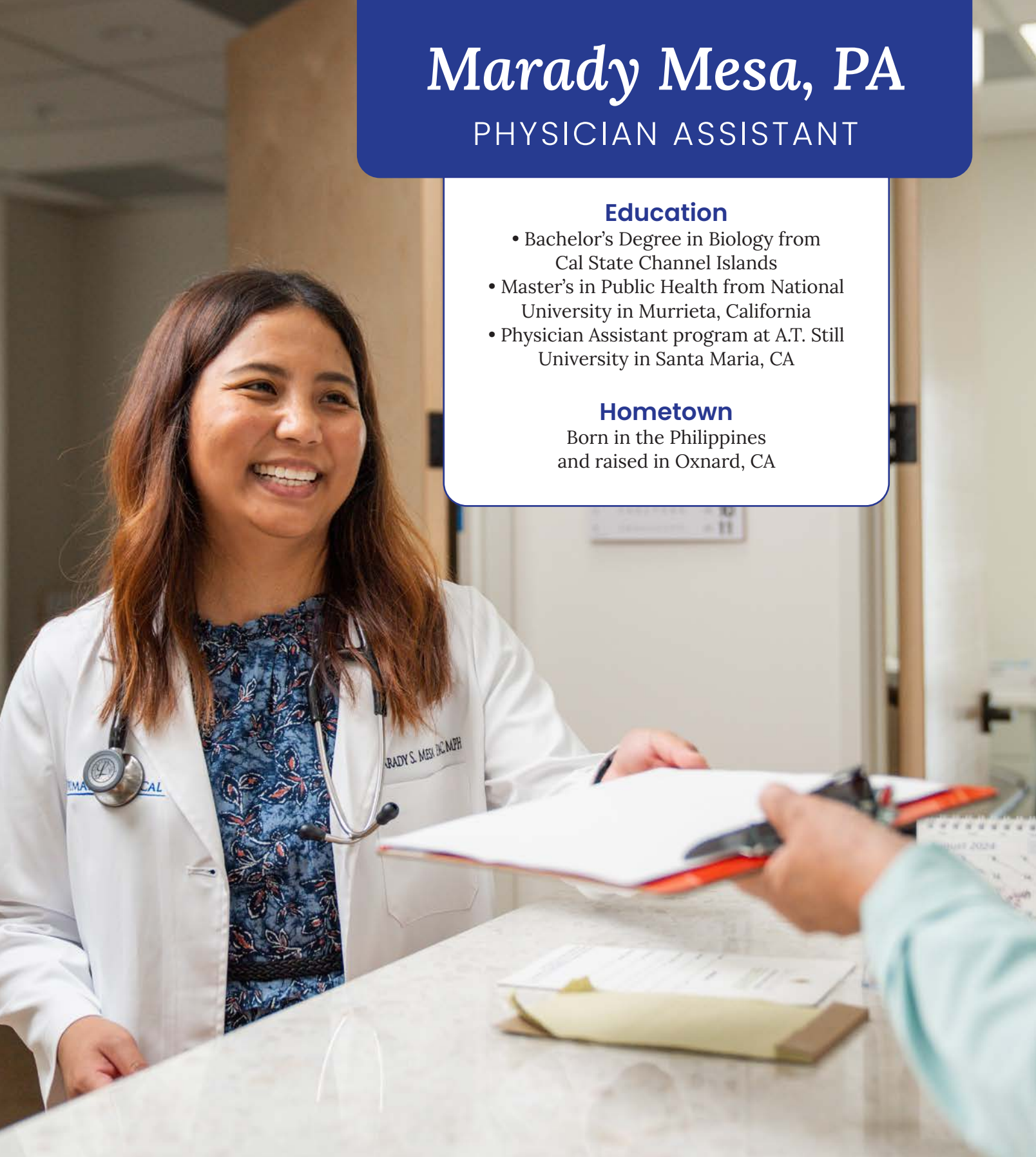
English & Spanish

Dr. Mounts' has a preventative approach to medicine. She encourages routine screenings and healthy living to maintain health and catch conditions before they become serious. She is also experienced in treating complicated chronic medical conditions.

Accepting new patients!

primarymedical.net/flor-mounts/

805.702.8337



Marady Mesa, PA

PHYSICIAN ASSISTANT

Education

- Bachelor's Degree in Biology from Cal State Channel Islands
- Master's in Public Health from National University in Murrieta, California
- Physician Assistant program at A.T. Still University in Santa Maria, CA

Hometown

Born in the Philippines
and raised in Oxnard, CA

Accepting new patients!

primarymedical.net/marady-mesa/

805.702.8337

A photograph of Marady Mesa, a Physician Assistant, standing in a hospital hallway. She is wearing a white lab coat over a blue patterned top and has her arms crossed. A stethoscope is around her neck. The background shows a brightly lit hallway with doors and windows.

Marady Mesa, PA
Physician Assistant

Did you know?...

You can switch your
physician anytime
throughout the year.
Call today to switch!

805.702.8337

primarymedical.net

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