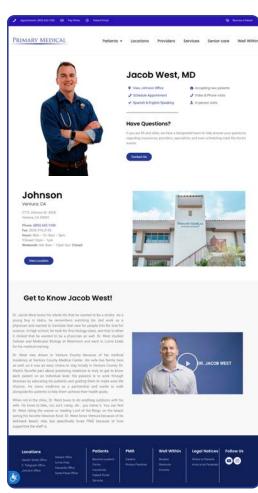


## How to use this magazine to find the right doctor for you!

- 1 What's most important to you?
  Preventive care, effective communication, treatment options, availability, location, etc.
- 2. How far do you want to drive?
  Primary Medical has 7 offices throughout Ventura County.
  See page 6 and 7 for a list of all our offices.
- **3.** Find the provider you are interested in.
  - See providers bio
  - Visit our website, find their webpage, and watch intro videos.
  - Get to know our providers!
- Contact Patient
  Relations Team
  Our team can help answer any
  questions you have and help you
  switch to a Primary Medical
  provider. Contact our Patient
  Relations team at 805.702.8337.





primarymedical.net

## Interested in becoming a patient?

Did you know you can switch your doctor any time of the year?

#### **Patient Relations Team**

If you are 65 or older, our dedicated team is here to help in any way we can!

#### Our team can help with:

- Switching to a PMG doctor
- Complications with your care
- Insurance and specialist questions
- And more!



#### Here are some major insurances that we accept!

If you don't see your insurance please call us for assistance. 805.702.8337













## We accept Medicare!

Call our Patient Relations Team, and they can help you with everything!

805.702.8337

## Why PMG?



## **Trusted Primary** Care Since 1994

7 Offices

20+ Providers

Primary Medical Group is dedicated to helping patients achieve and maintain optimal health!

## **Specialize** in Senior Healthcare

To learn more call us! 805.702.8337



#### **Patient Relations Team**

Our senior concierge team assists incoming senior patients (65+) and remains accessible throughout your care, ready to address inquiries regarding doctor changes and insurance concerns.

#### **More Available Appointments**

Nurse Practitioners & Physician Assistants have specialized training in:

- Diagnosis and treatment
- Medical history updates
- Lab and diagnostic test orders Referrals
- Result analysis

- Treatment plans
- Patient education
- And more!

#### **Medicare Experts**

We have trusted local experts to guide you in choosing the right plan for your individual needs. A Broker can offer you a personalized review of the plans that you are interested in and even help you to enroll, all at no cost to you.

primarymedical.net/senior-care/



#### MD (Doctor of Medicine)

It is a medical degree awarded to individuals who have completed medical school and undergone rigorous training to become licensed physicians. MDs are trained in the art and science of medicine, enabling them to diagnose and treat a wide range of medical conditions, perform surgeries, and provide comprehensive healthcare to patients.

www.aamc.org

## DO (Doctor of Osteopathic Medicine)

DOs are licensed physicians who have completed medical school with additional training in osteopathic principles. They emphasize a whole-person approach to patient care, considering the interplay of the body's systems and the role of the musculoskeletal system in health and disease. DOs also sometimes use osteopathic manipulative treatment (OMT) to diagnose and treat certain medical conditions.

osteopathic.org

#### PA (Physician Assistant)

PAs are healthcare professionals who work under the supervision of physicians. They are trained to provide medical care and services to patients, including diagnosing and treating illnesses, ordering and interpreting diagnostic tests, and prescribing medications. PAs play a critical role in the healthcare team, contributing to primary care and specialized medical practices.

www.aapa.org

#### **NP (Nurse Practitioner)**

NPs are advanced practice registered nurses with specialized education and training. They have the authority to diagnose and treat medical conditions, prescribe medications, and provide a broad range of healthcare services. NPs often specialize in various areas of medicine, such as family practice, pediatrics, women's health, and mental health.

www.aanp.org

## Our Staff & Locations



#### **Johnson**

2772 Johnson Dr. #200 Ventura, CA 93003

Dr. Matthew Westfall Dr. Jacob West Dr. Abby Lukens

#### **Endocrinologist** Dr. Lauren Ficks

805.642.1430

#### **Family Physicians** Dr. Edward Banman **Physician Assistant**

Natalie Nichols

#### **Family Nurse** Practitioner Nalleli Maldonado



#### **Oxnard**

1751 Lombard Suite A Oxnard, CA 93030

### **Family Physicians** Dr. Greg Ruelas

Dr. Flor Mounts Dr. Kavitha Simpson

#### **Physician Assistant**

Nicolas Dejong Marady Mesa

#### **Nurse Practitioner**

Sue Houx

805.981.9111



#### **East Telegraph**

10885 Telegraph Rd. Ventura, CA 93004

#### **Family Physicians**

Dr. Michael Bailey Dr. Sherilyn Wheaton

**New Provider** Starting January 2025

805.647.7704

#### **Family Nurse Practitioner**

Sharon Agacite



**Garden Street** 

26 South Garden St. Suite I Ventura, CA 93001

#### Family Physicians

Dr. Uldine Castel Dr. Maria Barrell

#### Nurse **Practitioners** Colette Frena

805.507.2225



#### Camarillo

888 W. Ventura Blvd. Suite A Camarillo, CA 93010

Family Physician Dr. Paul Algra Nurse **Practitioner** Karen Popp

805.383.7701



#### Santa Paula

570 W. Main Street Santa Paula, CA 93060

### **New Primary** Care Physician Starting January 2025

805.507.2242



#### Loma Vista

3555 Loma Vista Rd. #110 Ventura, CA 93993

Internist & Pediatrician Dr. Traci Williams

Nurse **Practitioner** Zena Aladdin

805.652.5252

## Johnson Providers

2772 Johnson Dr. #200 Ventura, CA 93003

Appointment line: **805.642.1430** 





## Become a patient!

Call today! 805.702.8337

## Nalleli Maldonado, FNP

Family Nurse Practitioner -



#### **Education**

- College of the Sequoias
- Grand Canyon University
- Channel Islands University

### Dr. Edward Banman

Family Physician

#### **Education**

 University of Manitoba

#### Internship

- Los Angeles County
- USC Medical Center

#### Residency

 Ventura County Medical Center



## Johnson Providers

2772 Johnson Dr. #200 Ventura, CA 93003

Appointment line: **805.642.1430** 





## Oxnard Providers

1751 Lombard Suite A Oxnard, CA 93030 Appointment line: **805.981.9111** 



## Dr. Greg Ruelas

- Family Physician

#### **Education**

- Bachelor of Science in Biology with an emphasis in Physiology at the University of California at Davis
- Medical training at Keck School of Medicine at the University of Southern California

#### Residency

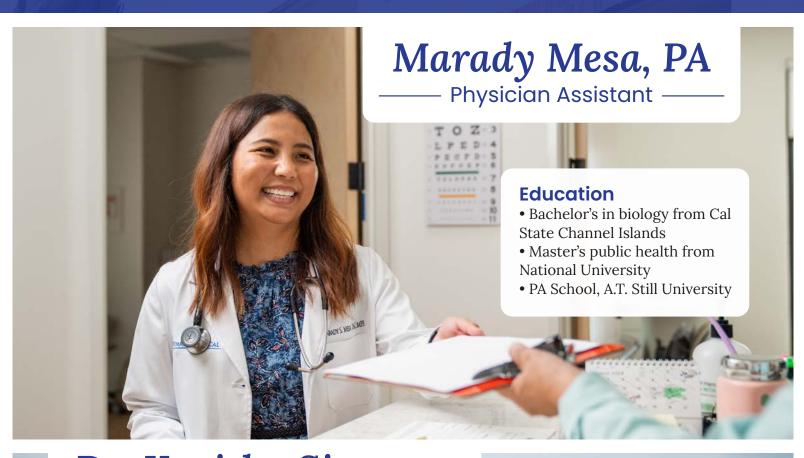
• Family Medicine at the Ventura County Medical Center



## Oxnard Providers

1751 Lombard Suite A Oxnard, CA 93030

Appointment line: **805.981.9111** 



## Dr. Kavitha Simpson

Family Physician –

#### **Education**

- Undergraduate degree in biology from UCSB
- Master's in International Public Health at Loma Linda University
- Medical degree at Western University

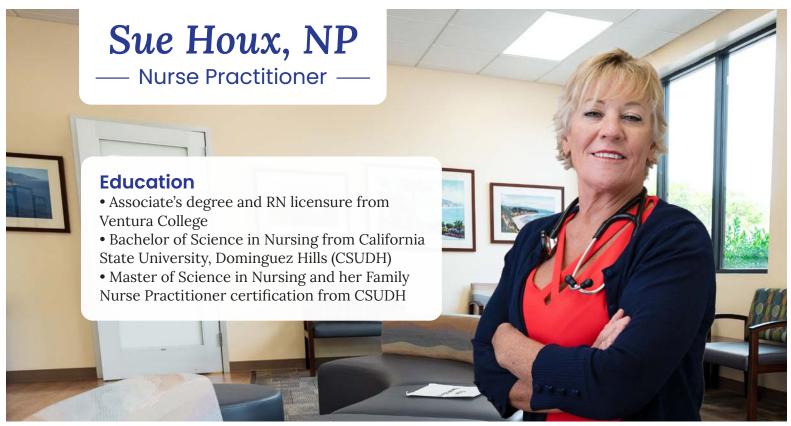
#### Residency

• Ventura County Medical Center



### Become a patient!

Call today! 805.702.8337







# Learn about what has changed with Medicare Parts A, B and D for the year, plus more!

By representing most major Medicare carriers, I can provide you knowledgeable information at no cost. I'll help identify the different plan options available that fits your needs.

Join me to get all your questions answered about Medicare Advantage Plans, Medicare Supplement Insurance Plans and more!



Presented by:
Lisa Scharlepp
(818)489-2490
0K14549
LScharlepp@sbcglobal.net

This event is for educational purposes only, no plan information will be shared. For accommodations of persons with special needs at meetings, please call 8184892490, TTY 711, 9a-5p PST. By calling the number above you will be directed to a licensed insurance agent.

10/17 10/31 11/14

10:00AM

Primary Medical Group

26 S Garden Ventura

93001

Space is limited please RSVP



#### **EVENT INVITATION:**

## The Medicare Updates for 2025

INVITACIÓN AL EVENTO: Las últimas noticias de Medicare para 2025

PRESENTED BY | PRESENTADO POR





Vista Real Insurance COVERAGE SIMPLIFIED

Jessica Villavicencio | Lic #0K96626

Licensed Insurance Agent | Agente De Seguro Con Licencia



## Your healthcare needs are your priority for 2025.

Sus necesidades de atención médica son su prioridad para 2025.

You deserve the right care with the right Medicare plan that suits your needs.

Usted merece la atención adecuada con el plan de Medicare adecuado que se adapte a sus necesidades.

#### We'll cover:

- ✓ The latest changes in Medicare
- ✓ The different plan options available to you
- ✓ How to maximize your needs and match your budget
- Enrollment periods, other important dates, and more!

#### **MEDICARE SEMINARS:**

#### **Every Tuesday**

(Cada martes)
10:00am

between

October 15 - December 3
(entre el 15 de octubre y el 3 de diciembre)

Location:
Primary Medical Group
26 S. Garden Street Ste 1
Ventura, CA 93001

Reserve your spot with Jessica! (Reserva tu lugar)

(805) 861-8818 jessica@vistarealinsurance.com

Review your options and decide if you want to change plans for the new year during the Medicare Annual Enrollment Period (Oct 15 - Dec 7). Revise sus opciones y decida si desea cambiar de plan para el nuevo año durante el Período de inscripción anual de Medicare (del 15 de octubre al 7 de diciembre).

Free coffee and pastries with no obligation to enroll. For accommodations of persons with special needs at meetings, call (805) 861-8818, TTY 711 (M-F, 9a-5p). By calling the number above, you will be directed to a licensed insurance agent. Café y bollería gratis sin obligación de inscripción. Para alojamiento de personas con necesidades especiales en reuniones, llame al (805) 861-8818, TTY 711 (lunes a viernes, de 9 a. m. a 5 p. m.). Al llamar al número anterior, se lo dirigirá a un agente de seguros autorizado.



Call our Patient
Relations Specialists
to find the right
doctor for you!

805.702.8337

primarymedical.net

PRIMARY MEDICAL